
































## Sand Shoal Inlet, VA - Nov 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:20	3.4	2:00	4.6	7:16	0.4	8:30	0.6	7:27	6:05	
2	Fri	2:29	3.3	3:08	4.3	8:23	0.5	9:32	0.6	7:28	6:04	
3	Sat	3:42	3.4	4:13	4.1	9:30	0.6	10:27	0.6	7:29	6:03	
4	Sun	3:47	3.6	4:09	4.0	9:35	0.6	10:14	0.5	6:30	5:02	
5	Mon	4:38	3.9	4:54	3.9	10:34	0.6	10:54	0.5	6:31	5:01	
6	Tue	5:20	4.2	5:34	3.9	11:24	0.5	11:29	0.4	6:32	5:00	
7	Wed	5:57	4.4	6:12	3.8			12:08	0.4	6:33	4:59	
8	Thu	6:34	4.6	6:49	3.8	12:04	0.3	12:47	0.4	6:34	4:58	
9	Fri	7:11	4.8	7:27	3.7	12:38	0.3	1:24	0.3	6:35	4:58	
10	Sat	7:50	4.9	8:06	3.7	1:13	0.3	2:01	0.4	6:36	4:57	
11	Sun	8:29	4.9	8:46	3.6	1:48	0.3	2:39	0.4	6:37	4:56	
12	Mon	9:09	4.8	9:25	3.5	2:25	0.4	3:19	0.5	6:38	4:55	
13	Tue	9:51	4.8	10:06	3.4	3:04	0.5	4:02	0.7	6:40	4:54	
14	Wed	10:34	4.6	10:50	3.3	3:45	0.6	4:48	0.8	6:41	4:53	
15	Thu	11:19	4.5	11:38	3.2	4:32	0.6	5:38	0.8	6:42	4:53	
16	Fri			12:08	4.4	5:25	0.7	6:30	0.8	6:43	4:52	
17	Sat	12:33	3.3	1:03	4.3	6:24	0.7	7:22	0.7	6:44	4:51	
18	Sun	1:34	3.5	2:01	4.3	7:27	0.7	8:14	0.5	6:45	4:51	
19	Mon	2:36	3.8	2:59	4.3	8:31	0.5	9:05	0.3	6:46	4:50	
20	Tue	3:35	4.3	3:56	4.2	9:34	0.3	9:56	0.0	6:47	4:50	
21	Wed	4:31	4.8	4:51	4.2	10:37	0.1	10:46	-0.2	6:48	4:49	
22	Thu	5:24	5.3	5:43	4.2	11:36	-0.2	11:37	-0.4	6:49	4:49	
23	Fri	6:16	5.7	6:36	4.1			12:32	-0.4	6:50	4:48	
24	Sat	7:08	5.9	7:28	4.1	12:27	-0.6	1:26	-0.5	6:51	4:48	
25	Sun	8:01	5.9	8:20	3.9	1:18	-0.7	2:18	-0.4	6:52	4:47	
26	Mon	8:54	5.8	9:13	3.8	2:08	-0.7	3:11	-0.3	6:53	4:47	
27	Tue	9:47	5.5	10:06	3.6	3:00	-0.5	4:06	-0.2	6:54	4:46	
28	Wed	10:40	5.2	11:00	3.5	3:55	-0.3	5:02	0.0	6:55	4:46	
29	Thu	11:34	4.8	11:58	3.4	4:52	-0.1	5:59	0.2	6:56	4:46	
30	Fri			12:29	4.3	5:53	0.2	6:55	0.3	6:57	4:46	