

































Sand Shoal Inlet, VA - Jan 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:12	3.5	2:24	3.0	8:19	0.6	8:23	0.3	7:17	4:55	
2	Wed	3:08	3.6	3:19	2.8	9:18	0.6	9:10	0.3	7:17	4:56	
3	Thu	4:02	3.7	4:11	2.8	10:16	0.6	9:59	0.3	7:17	4:57	
4	Fri	4:51	3.9	5:00	2.8	11:09	0.5	10:47	0.2	7:17	4:58	
5	Sat	5:37	4.1	5:46	2.9	11:55	0.4	11:33	0.1	7:17	4:59	
6	Sun	6:22	4.3	6:31	3.1			12:37	0.3	7:17	5:00	
7	Mon	7:05	4.5	7:14	3.2	12:18	-0.1	1:17	0.2	7:17	5:00	
8	Tue	7:47	4.7	7:57	3.3	1:00	-0.2	1:56	0.1	7:17	5:01	
9	Wed	8:28	4.7	8:40	3.4	1:42	-0.3	2:35	0.0	7:17	5:02	
10	Thu	9:08	4.7	9:23	3.5	2:25	-0.3	3:14	0.0	7:17	5:03	
11	Fri	9:49	4.7	10:06	3.7	3:08	-0.3	3:55	-0.1	7:17	5:04	
12	Sat	10:30	4.5	10:52	3.8	3:55	-0.2	4:37	-0.1	7:16	5:05	
13	Sun	11:13	4.2	11:41	3.9	4:46	-0.1	5:21	-0.1	7:16	5:06	
14	Mon			12:00	3.9	5:43	0.0	6:09	-0.1	7:16	5:07	
15	Tue	12:35	4.0	12:53	3.6	6:43	0.1	7:00	-0.1	7:16	5:08	
16	Wed	1:35	4.1	1:53	3.3	7:48	0.2	7:55	-0.2	7:15	5:09	
17	Thu	2:40	4.3	2:58	3.1	8:55	0.2	8:54	-0.3	7:15	5:10	
18	Fri	3:46	4.5	4:03	3.0	10:04	0.1	9:56	-0.4	7:15	5:11	
19	Sat	4:49	4.7	5:05	3.1	11:10	0.0	10:58	-0.5	7:14	5:12	
20	Sun	5:49	4.9	6:03	3.2			12:10	-0.2	7:14	5:13	
21	Mon	6:44	5.0	6:57	3.4			1:02	-0.4	7:13	5:14	
22	Tue	7:36	5.0	7:49	3.5	12:51	-0.8	1:50	-0.5	7:13	5:16	
23	Wed	8:24	4.9	8:38	3.7	1:42	-0.9	2:34	-0.5	7:12	5:17	
24	Thu	9:10	4.7	9:25	3.7	2:31	-0.8	3:17	-0.5	7:12	5:18	
25	Fri	9:52	4.5	10:10	3.7	3:19	-0.6	3:58	-0.4	7:11	5:19	
26	Sat	10:34	4.1	10:55	3.7	4:06	-0.4	4:38	-0.2	7:10	5:20	
27	Sun	11:15	3.7	11:40	3.6	4:55	-0.1	5:19	-0.1	7:10	5:21	
28	Mon	11:57	3.3			5:45	0.1	6:01	0.1	7:09	5:22	
29	Tue	12:28	3.6	12:43	3.0	6:37	0.4	6:44	0.2	7:08	5:23	
30	Wed	1:20	3.5	1:33	2.7	7:32	0.6	7:32	0.3	7:07	5:24	
31	Thu	2:17	3.5	2:30	2.6	8:30	0.7	8:23	0.4	7:07	5:25	