



Sand Shoal Inlet, VA - Aug 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:23	4.0	8:57	5.5	2:22	-0.2	2:16	-0.5	6:08	8:10	☀
2	Sat	9:15	4.2	9:45	5.3	3:08	-0.2	3:08	-0.5	6:09	8:09	☀
3	Sun	10:04	4.3	10:30	5.0	3:52	-0.3	3:58	-0.4	6:09	8:08	☀
4	Mon	10:52	4.4	11:14	4.6	4:35	-0.2	4:48	-0.1	6:10	8:07	☀
5	Tue	11:38	4.4	11:57	4.2	5:17	0.0	5:39	0.1	6:11	8:06	☀
6	Wed			12:25	4.3	5:59	0.1	6:32	0.4	6:12	8:05	☀
7	Thu	12:40	3.8	1:12	4.2	6:42	0.3	7:26	0.7	6:13	8:04	☀
8	Fri	1:26	3.4	2:04	4.1	7:27	0.5	8:22	0.9	6:14	8:03	☀
9	Sat	2:17	3.2	3:01	4.0	8:15	0.7	9:21	1.0	6:14	8:02	☀
10	Sun	3:14	3.0	4:01	4.1	9:06	0.8	10:22	1.1	6:15	8:01	☀
11	Mon	4:14	3.0	5:00	4.2	10:00	0.8	11:21	1.1	6:16	7:59	☀
12	Tue	5:11	3.1	5:53	4.4	10:55	0.7			6:17	7:58	☀
13	Wed	6:02	3.3	6:39	4.6	12:12	0.9	11:48 AM	0.6	6:18	7:57	☀
14	Thu	6:49	3.5	7:22	4.8	12:55	0.8	12:37	0.4	6:19	7:56	☀
15	Fri	7:33	3.7	8:03	5.0	1:33	0.6	1:22	0.3	6:19	7:54	☀
16	Sat	8:16	4.0	8:43	5.1	2:10	0.4	2:05	0.1	6:20	7:53	☀
17	Sun	8:59	4.3	9:23	5.1	2:46	0.3	2:48	0.1	6:21	7:52	☀
18	Mon	9:41	4.5	10:02	5.0	3:23	0.2	3:32	0.0	6:22	7:51	☀
19	Tue	10:23	4.7	10:43	4.8	4:00	0.1	4:18	0.1	6:23	7:49	☀
20	Wed	11:07	4.9	11:25	4.5	4:40	0.1	5:07	0.2	6:24	7:48	☀
21	Thu	11:53	4.9			5:22	0.1	6:00	0.3	6:24	7:47	☀
22	Fri	12:10	4.2	12:44	4.9	6:09	0.2	6:58	0.5	6:25	7:45	☀
23	Sat	1:00	3.8	1:41	4.9	7:01	0.3	8:02	0.6	6:26	7:44	☀
24	Sun	1:58	3.6	2:46	4.9	7:59	0.3	9:08	0.7	6:27	7:43	☀
25	Mon	3:05	3.4	3:56	4.9	9:02	0.3	10:17	0.7	6:28	7:41	☀
26	Tue	4:15	3.4	5:04	5.0	10:08	0.2	11:24	0.5	6:29	7:40	☀
27	Wed	5:23	3.5	6:06	5.1	11:14	0.1			6:29	7:38	☀
28	Thu	6:23	3.8	7:01	5.2	12:24	0.3	12:16	-0.1	6:30	7:37	☀
29	Fri	7:17	4.1	7:50	5.2	1:15	0.1	1:13	-0.2	6:31	7:36	☀
30	Sat	8:07	4.4	8:36	5.1	2:00	0.0	2:04	-0.3	6:32	7:34	☀
31	Sun	8:54	4.6	9:19	5.0	2:41	-0.1	2:52	-0.3	6:33	7:33	☀