






























Sand Shoal Inlet, VA - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:53	3.6			5:41	0.1	5:55	0.0	7:05	5:27	
2	Mon	12:27	4.1	12:44	3.3	6:40	0.3	6:47	0.0	7:04	5:28	
3	Tue	1:27	4.1	1:44	3.1	7:43	0.3	7:45	-0.1	7:03	5:29	
4	Wed	2:33	4.2	2:51	3.0	8:50	0.3	8:48	-0.2	7:03	5:31	
5	Thu	3:41	4.4	3:59	3.1	9:58	0.2	9:53	-0.4	7:02	5:32	
6	Fri	4:46	4.7	5:02	3.3	11:03	0.0	10:57	-0.6	7:01	5:33	
7	Sat	5:45	4.9	6:01	3.5			12:01	-0.3	7:00	5:34	
8	Sun	6:40	5.1	6:56	3.8			12:53	-0.5	6:59	5:35	
9	Mon	7:32	5.1	7:48	4.1	12:53	-1.0	1:40	-0.7	6:58	5:36	
10	Tue	8:21	5.0	8:39	4.3	1:45	-1.1	2:25	-0.8	6:57	5:37	
11	Wed	9:07	4.8	9:27	4.3	2:36	-1.0	3:09	-0.7	6:56	5:38	
12	Thu	9:52	4.4	10:14	4.3	3:26	-0.8	3:52	-0.6	6:54	5:39	
13	Fri	10:35	4.0	11:00	4.2	4:17	-0.5	4:35	-0.4	6:53	5:40	
14	Sat	11:19	3.6	11:48	4.0	5:08	-0.2	5:19	-0.2	6:52	5:41	
15	Sun			12:05	3.2	6:01	0.1	6:06	0.0	6:51	5:42	
16	Mon	12:39	3.8	12:54	2.8	6:57	0.4	6:55	0.2	6:50	5:43	
17	Tue	1:36	3.6	1:50	2.6	7:56	0.6	7:48	0.3	6:49	5:45	
18	Wed	2:39	3.5	2:51	2.6	8:59	0.7	8:45	0.4	6:47	5:46	
19	Thu	3:43	3.6	3:52	2.6	10:02	0.7	9:43	0.3	6:46	5:47	
20	Fri	4:41	3.7	4:46	2.8	10:57	0.7	10:38	0.2	6:45	5:48	
21	Sat	5:29	3.9	5:34	3.1	11:41	0.5	11:27	0.1	6:44	5:49	
22	Sun	6:12	4.1	6:18	3.3			12:19	0.4	6:42	5:50	
23	Mon	6:52	4.3	7:00	3.6	12:12	-0.1	12:54	0.2	6:41	5:51	
24	Tue	7:30	4.4	7:41	3.9	12:54	-0.2	1:29	0.0	6:40	5:52	
25	Wed	8:08	4.4	8:21	4.1	1:35	-0.3	2:03	-0.1	6:39	5:53	
26	Thu	8:46	4.4	9:01	4.3	2:16	-0.3	2:39	-0.2	6:37	5:54	
27	Fri	9:24	4.2	9:42	4.4	2:58	-0.3	3:16	-0.2	6:36	5:55	
28	Sat	10:03	4.0	10:25	4.5	3:43	-0.2	3:55	-0.1	6:34	5:56	