





























## Sand Shoal Inlet, VA - Apr 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:50	4.8	1:13	3.3	7:12	0.2	7:10	0.1	6:47	7:25	
2	Thu	1:52	4.6	2:17	3.2	8:16	0.3	8:16	0.1	6:46	7:26	
3	Fri	3:00	4.4	3:28	3.3	9:21	0.3	9:24	0.1	6:44	7:27	
4	Sat	4:10	4.3	4:38	3.5	10:24	0.3	10:33	0.0	6:43	7:28	
5	Sun	5:15	4.3	5:40	3.8	11:23	0.1	11:38	-0.1	6:42	7:29	
6	Mon	6:11	4.3	6:34	4.2			12:15	-0.1	6:40	7:30	
7	Tue	7:01	4.3	7:23	4.5	12:37	-0.3	1:01	-0.2	6:39	7:31	
8	Wed	7:48	4.2	8:08	4.8	1:30	-0.4	1:43	-0.3	6:37	7:32	
9	Thu	8:31	4.1	8:51	4.9	2:18	-0.5	2:24	-0.3	6:36	7:32	
10	Fri	9:14	4.0	9:34	4.9	3:03	-0.4	3:03	-0.3	6:34	7:33	
11	Sat	9:55	3.8	10:16	4.8	3:46	-0.3	3:42	-0.2	6:33	7:34	
12	Sun	10:37	3.6	10:58	4.6	4:28	-0.1	4:21	0.0	6:32	7:35	
13	Mon	11:18	3.4	11:42	4.4	5:12	0.1	5:03	0.2	6:30	7:36	
14	Tue			12:01	3.2	5:57	0.4	5:48	0.4	6:29	7:37	
15	Wed	12:28	4.2	12:47	3.1	6:46	0.6	6:38	0.6	6:27	7:38	
16	Thu	1:18	4.0	1:38	3.0	7:37	0.8	7:31	0.7	6:26	7:39	
17	Fri	2:13	3.8	2:35	3.0	8:30	0.9	8:28	0.8	6:25	7:40	
18	Sat	3:11	3.7	3:36	3.1	9:22	0.9	9:26	0.7	6:23	7:40	
19	Sun	4:09	3.8	4:33	3.4	10:11	0.8	10:24	0.6	6:22	7:41	
20	Mon	5:01	3.8	5:24	3.8	10:59	0.7	11:19	0.5	6:21	7:42	
21	Tue	5:49	4.0	6:11	4.2	11:43	0.5			6:19	7:43	
22	Wed	6:34	4.1	6:55	4.6	12:12	0.3	12:26	0.2	6:18	7:44	
23	Thu	7:18	4.1	7:39	5.0	1:01	0.0	1:09	0.0	6:17	7:45	
24	Fri	8:03	4.2	8:24	5.3	1:49	-0.1	1:51	-0.1	6:15	7:46	
25	Sat	8:48	4.1	9:11	5.5	2:36	-0.3	2:35	-0.2	6:14	7:47	
26	Sun	9:35	4.1	9:59	5.5	3:24	-0.3	3:20	-0.3	6:13	7:48	
27	Mon	10:23	4.0	10:50	5.5	4:13	-0.3	4:08	-0.3	6:12	7:49	
28	Tue	11:13	3.8	11:42	5.3	5:06	-0.2	5:00	-0.2	6:11	7:49	
29	Wed			12:07	3.7	6:02	0.0	5:58	0.0	6:09	7:50	
30	Thu	12:38	5.0	1:05	3.5	7:01	0.1	7:00	0.1	6:08	7:51	