
































Sand Shoal Inlet, VA - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:22	3.5	6:54	4.6	12:30	0.9	12:12	0.5	6:33	7:32	
2	Wed	7:04	3.8	7:33	4.7	1:05	0.7	12:57	0.4	6:34	7:30	
3	Thu	7:45	4.1	8:11	4.8	1:38	0.6	1:38	0.3	6:35	7:29	
4	Fri	8:25	4.4	8:48	4.8	2:11	0.5	2:19	0.2	6:36	7:27	
5	Sat	9:04	4.6	9:25	4.7	2:44	0.4	2:59	0.2	6:37	7:26	
6	Sun	9:43	4.8	10:02	4.6	3:18	0.3	3:39	0.3	6:38	7:24	
7	Mon	10:23	4.9	10:41	4.4	3:54	0.3	4:22	0.3	6:38	7:23	
8	Tue	11:04	5.0	11:21	4.2	4:31	0.3	5:08	0.5	6:39	7:21	
9	Wed	11:48	5.0			5:12	0.4	5:59	0.6	6:40	7:20	
10	Thu	12:05	3.9	12:38	4.9	5:59	0.5	6:56	0.8	6:41	7:18	
11	Fri	12:55	3.7	1:36	4.9	6:53	0.5	7:58	0.8	6:42	7:17	
12	Sat	1:54	3.5	2:41	4.8	7:54	0.5	9:03	0.8	6:42	7:15	
13	Sun	3:02	3.5	3:51	4.9	8:59	0.5	10:09	0.7	6:43	7:14	
14	Mon	4:13	3.6	4:57	5.0	10:07	0.3	11:12	0.5	6:44	7:12	
15	Tue	5:19	3.9	5:56	5.2	11:13	0.1			6:45	7:10	
16	Wed	6:18	4.3	6:50	5.3	12:08	0.2	12:15	-0.1	6:46	7:09	
17	Thu	7:12	4.7	7:40	5.2	12:58	0.0	1:12	-0.3	6:47	7:07	
18	Fri	8:02	5.1	8:28	5.1	1:44	-0.2	2:05	-0.4	6:47	7:06	
19	Sat	8:51	5.3	9:14	4.9	2:28	-0.3	2:56	-0.4	6:48	7:04	
20	Sun	9:38	5.4	9:59	4.6	3:10	-0.3	3:44	-0.3	6:49	7:03	
21	Mon	10:24	5.3	10:44	4.3	3:52	-0.2	4:33	0.0	6:50	7:01	
22	Tue	11:10	5.2	11:28	3.9	4:35	0.0	5:23	0.2	6:51	7:00	
23	Wed	11:57	4.9			5:19	0.3	6:15	0.6	6:52	6:58	
24	Thu	12:14	3.6	12:46	4.6	6:07	0.5	7:10	0.8	6:52	6:57	
25	Fri	1:03	3.3	1:41	4.3	6:59	0.7	8:08	1.0	6:53	6:55	
26	Sat	1:58	3.2	2:42	4.2	7:55	0.9	9:08	1.2	6:54	6:54	
27	Sun	3:01	3.1	3:46	4.1	8:54	0.9	10:07	1.2	6:55	6:52	
28	Mon	4:05	3.2	4:45	4.2	9:53	0.9	10:58	1.1	6:56	6:51	
29	Tue	5:02	3.5	5:34	4.3	10:49	0.8	11:41	1.0	6:57	6:49	
30	Wed	5:50	3.8	6:17	4.4	11:41	0.7			6:57	6:47	