



Sand Shoal Inlet, VA - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:14	5.0	8:35	4.9	1:46	-1.1	2:13	-0.9	6:33	5:56	☉
2	Tue	9:02	4.7	9:25	4.9	2:38	-1.1	2:59	-0.9	6:32	5:57	☉
3	Wed	9:49	4.4	10:14	4.8	3:30	-0.9	3:44	-0.7	6:31	5:58	☉
4	Thu	10:36	4.0	11:03	4.6	4:22	-0.6	4:31	-0.5	6:29	5:59	☾
5	Fri	11:23	3.5	11:55	4.3	5:17	-0.3	5:21	-0.3	6:28	6:00	☾
6	Sat			12:14	3.2	6:14	0.1	6:14	0.0	6:26	6:01	☾
7	Sun	12:51	4.0	1:09	2.9	7:15	0.4	7:11	0.2	6:25	6:02	☾
8	Mon	1:55	3.7	2:12	2.7	8:19	0.6	8:11	0.3	6:24	6:03	☾
9	Tue	3:04	3.6	3:18	2.7	9:25	0.7	9:12	0.4	6:22	6:04	☾
10	Wed	4:08	3.7	4:17	2.9	10:25	0.6	10:11	0.3	6:21	6:05	☾
11	Thu	5:00	3.8	5:07	3.1	11:13	0.6	11:03	0.2	6:19	6:06	☾
12	Fri	5:43	3.9	5:51	3.4	11:50	0.4	11:49	0.1	6:18	6:07	☾
13	Sat	6:22	4.0	6:31	3.7			12:24	0.3	6:16	6:08	☾
14	Sun	7:59	4.1	8:11	4.0	12:30	0.0	1:56	0.2	7:15	7:09	☾
15	Mon	8:36	4.1	8:49	4.2	2:10	-0.1	2:29	0.1	7:13	7:10	☾
16	Tue	9:13	4.1	9:27	4.4	2:48	-0.2	3:03	0.0	7:12	7:11	☾
17	Wed	9:50	4.0	10:06	4.5	3:27	-0.1	3:37	0.0	7:10	7:12	☾
18	Thu	10:27	3.9	10:45	4.5	4:07	-0.1	4:13	0.1	7:09	7:12	☾
19	Fri	11:06	3.8	11:26	4.5	4:49	0.0	4:52	0.1	7:07	7:13	☾
20	Sat	11:46	3.6			5:35	0.2	5:35	0.2	7:06	7:14	☾
21	Sun	12:12	4.5	12:31	3.4	6:27	0.3	6:25	0.2	7:04	7:15	☾
22	Mon	1:04	4.4	1:24	3.3	7:24	0.4	7:23	0.3	7:03	7:16	☾
23	Tue	2:04	4.3	2:27	3.2	8:25	0.5	8:26	0.2	7:01	7:17	☾
24	Wed	3:11	4.3	3:36	3.3	9:28	0.4	9:33	0.1	7:00	7:18	☾
25	Thu	4:18	4.4	4:43	3.6	10:30	0.3	10:39	-0.1	6:58	7:19	☾
26	Fri	5:21	4.6	5:45	4.0	11:29	0.0	11:44	-0.3	6:57	7:20	☾
27	Sat	6:18	4.7	6:41	4.4			12:23	-0.2	6:55	7:21	☾
28	Sun	7:11	4.7	7:33	4.8	12:44	-0.6	1:13	-0.5	6:54	7:22	☾
29	Mon	8:02	4.7	8:24	5.1	1:40	-0.8	1:59	-0.7	6:52	7:22	☾
30	Tue	8:50	4.5	9:13	5.3	2:32	-0.8	2:44	-0.7	6:51	7:23	☾
31	Wed	9:38	4.3	10:01	5.2	3:23	-0.8	3:29	-0.7	6:49	7:24	☾