































Sand Shoal Inlet, VA - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:46	3.6	11:11	4.8	4:41	-0.1	4:32	-0.1	6:07	7:52	
2	Sun	11:31	3.4	11:58	4.5	5:29	0.1	5:19	0.1	6:06	7:53	
3	Mon			12:18	3.3	6:18	0.3	6:10	0.4	6:05	7:54	
4	Tue	12:46	4.2	1:08	3.2	7:08	0.5	7:03	0.6	6:04	7:55	
5	Wed	1:37	4.0	2:03	3.2	7:58	0.7	7:59	0.7	6:03	7:56	
6	Thu	2:32	3.8	3:01	3.2	8:47	0.7	8:56	0.8	6:02	7:56	
7	Fri	3:28	3.6	3:59	3.4	9:34	0.7	9:53	0.8	6:01	7:57	
8	Sat	4:22	3.6	4:51	3.7	10:19	0.7	10:48	0.7	6:00	7:58	
9	Sun	5:12	3.6	5:38	4.1	11:03	0.6	11:41	0.6	5:59	7:59	
10	Mon	5:58	3.7	6:22	4.4	11:47	0.5			5:58	8:00	
11	Tue	6:42	3.7	7:05	4.7	12:30	0.4	12:29	0.3	5:57	8:01	
12	Wed	7:25	3.8	7:48	5.0	1:15	0.2	1:11	0.2	5:56	8:02	
13	Thu	8:09	3.8	8:32	5.2	2:00	0.1	1:53	0.0	5:55	8:03	
14	Fri	8:53	3.9	9:17	5.3	2:44	0.0	2:37	0.0	5:54	8:03	
15	Sat	9:38	3.8	10:03	5.4	3:29	0.0	3:21	-0.1	5:54	8:04	
16	Sun	10:25	3.8	10:51	5.3	4:17	0.0	4:09	-0.1	5:53	8:05	
17	Mon	11:14	3.8	11:41	5.2	5:06	0.0	5:00	0.0	5:52	8:06	
18	Tue			12:06	3.8	5:59	0.1	5:57	0.1	5:51	8:07	
19	Wed	12:34	5.0	1:02	3.8	6:53	0.1	6:58	0.2	5:51	8:08	
20	Thu	1:30	4.7	2:03	3.8	7:49	0.1	8:02	0.2	5:50	8:08	
21	Fri	2:29	4.4	3:08	4.0	8:44	0.1	9:08	0.2	5:49	8:09	
22	Sat	3:31	4.1	4:12	4.3	9:38	0.0	10:14	0.2	5:48	8:10	
23	Sun	4:32	4.0	5:11	4.6	10:32	-0.1	11:20	0.1	5:48	8:11	
24	Mon	5:30	3.8	6:05	4.9	11:25	-0.2			5:47	8:12	
25	Tue	6:24	3.7	6:56	5.1	12:21	0.0	12:16	-0.2	5:47	8:12	
26	Wed	7:15	3.7	7:44	5.2	1:16	-0.1	1:05	-0.3	5:46	8:13	
27	Thu	8:03	3.6	8:31	5.2	2:06	-0.2	1:52	-0.3	5:46	8:14	
28	Fri	8:50	3.6	9:17	5.1	2:52	-0.2	2:37	-0.2	5:45	8:15	
29	Sat	9:36	3.5	10:03	5.0	3:36	-0.1	3:21	-0.1	5:45	8:15	
30	Sun	10:21	3.5	10:47	4.8	4:19	0.0	4:06	0.0	5:44	8:16	
31	Mon	11:06	3.4	11:30	4.5	5:03	0.2	4:51	0.2	5:44	8:17	