
































Sand Shoal Inlet, VA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:05	3.6	5:50	0.4	5:54	0.5	5:46	8:27	
2	Fri	12:22	4.1	12:49	3.7	6:29	0.5	6:43	0.7	5:46	8:27	
3	Sat	1:04	3.8	1:36	3.8	7:10	0.5	7:34	0.8	5:47	8:27	
4	Sun	1:49	3.6	2:27	3.9	7:52	0.6	8:28	0.9	5:47	8:27	
5	Mon	2:39	3.4	3:21	4.0	8:38	0.6	9:25	0.9	5:48	8:27	
6	Tue	3:33	3.3	4:16	4.3	9:26	0.5	10:23	0.8	5:48	8:26	
7	Wed	4:30	3.3	5:10	4.6	10:18	0.4	11:21	0.7	5:49	8:26	
8	Thu	5:25	3.4	6:03	4.9	11:13	0.2			5:50	8:26	
9	Fri	6:19	3.6	6:55	5.2	12:18	0.5	12:08	0.0	5:50	8:26	
10	Sat	7:12	3.8	7:47	5.5	1:11	0.2	1:02	-0.2	5:51	8:25	
11	Sun	8:04	4.0	8:37	5.7	2:02	0.0	1:55	-0.4	5:51	8:25	
12	Mon	8:57	4.2	9:28	5.7	2:50	-0.2	2:47	-0.5	5:52	8:24	
13	Tue	9:49	4.4	10:18	5.6	3:38	-0.3	3:40	-0.6	5:53	8:24	
14	Wed	10:42	4.5	11:07	5.3	4:26	-0.4	4:34	-0.5	5:53	8:24	
15	Thu	11:35	4.6	11:57	4.9	5:15	-0.4	5:31	-0.3	5:54	8:23	
16	Fri			12:29	4.6	6:05	-0.4	6:31	-0.1	5:55	8:23	
17	Sat	12:48	4.5	1:25	4.6	6:56	-0.2	7:34	0.1	5:56	8:22	
18	Sun	1:42	4.0	2:26	4.6	7:49	-0.1	8:39	0.3	5:56	8:21	
19	Mon	2:41	3.6	3:30	4.5	8:43	0.0	9:46	0.5	5:57	8:21	
20	Tue	3:43	3.3	4:34	4.5	9:39	0.1	10:54	0.5	5:58	8:20	
21	Wed	4:47	3.1	5:34	4.6	10:37	0.2	11:58	0.5	5:58	8:20	
22	Thu	5:45	3.1	6:27	4.6	11:33	0.2			5:59	8:19	
23	Fri	6:37	3.2	7:14	4.7	12:53	0.4	12:26	0.1	6:00	8:18	
24	Sat	7:23	3.3	7:57	4.7	1:38	0.4	1:14	0.1	6:01	8:17	
25	Sun	8:07	3.5	8:38	4.8	2:16	0.3	1:58	0.0	6:02	8:17	
26	Mon	8:49	3.6	9:17	4.7	2:51	0.3	2:39	0.0	6:02	8:16	
27	Tue	9:30	3.8	9:55	4.7	3:25	0.3	3:19	0.1	6:03	8:15	
28	Wed	10:11	3.9	10:32	4.5	3:59	0.3	3:59	0.2	6:04	8:14	
29	Thu	10:51	4.0	11:09	4.3	4:33	0.3	4:40	0.4	6:05	8:13	
30	Fri	11:31	4.0	11:47	4.1	5:08	0.4	5:23	0.5	6:06	8:12	
31	Sat			12:12	4.1	5:45	0.5	6:08	0.7	6:06	8:12	