

































## Sand Shoal Inlet, VA - Oct 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:58	3.5	2:41	4.7	7:56	0.7	9:01	0.9	6:58	6:46	
2	Sat	3:06	3.6	3:47	4.8	9:01	0.6	10:01	0.7	6:59	6:45	
3	Sun	4:13	3.9	4:49	4.9	10:07	0.4	10:58	0.4	7:00	6:43	
4	Mon	5:15	4.3	5:46	5.1	11:12	0.2	11:52	0.1	7:01	6:42	
5	Tue	6:12	4.8	6:39	5.1			12:13	-0.1	7:02	6:40	
6	Wed	7:05	5.3	7:30	5.1	12:42	-0.1	1:10	-0.3	7:02	6:39	
7	Thu	7:56	5.6	8:20	5.0	1:29	-0.4	2:04	-0.5	7:03	6:37	
8	Fri	8:46	5.8	9:09	4.8	2:16	-0.5	2:56	-0.5	7:04	6:36	
9	Sat	9:36	5.8	9:57	4.5	3:01	-0.5	3:47	-0.3	7:05	6:35	
10	Sun	10:25	5.7	10:46	4.2	3:48	-0.4	4:39	-0.1	7:06	6:33	
11	Mon	11:15	5.4	11:35	3.9	4:36	-0.2	5:32	0.2	7:07	6:32	
12	Tue			12:07	5.1	5:26	0.1	6:29	0.4	7:08	6:30	
13	Wed	12:26	3.6	1:01	4.7	6:20	0.4	7:28	0.7	7:09	6:29	
14	Thu	1:21	3.4	2:00	4.4	7:19	0.6	8:29	0.9	7:10	6:27	
15	Fri	2:22	3.3	3:03	4.2	8:19	0.8	9:28	0.9	7:11	6:26	
16	Sat	3:29	3.3	4:05	4.1	9:21	0.8	10:21	0.9	7:12	6:25	
17	Sun	4:31	3.5	4:59	4.1	10:20	0.8	11:06	0.9	7:13	6:23	
18	Mon	5:22	3.8	5:44	4.1	11:15	0.8	11:45	0.7	7:13	6:22	
19	Tue	6:05	4.1	6:24	4.2			12:04	0.7	7:14	6:21	
20	Wed	6:45	4.4	7:03	4.2	12:22	0.6	12:48	0.5	7:15	6:19	
21	Thu	7:24	4.7	7:42	4.2	12:57	0.5	1:29	0.4	7:16	6:18	
22	Fri	8:03	4.9	8:21	4.2	1:32	0.4	2:08	0.4	7:17	6:17	
23	Sat	8:42	5.1	9:00	4.1	2:08	0.3	2:48	0.3	7:18	6:16	
24	Sun	9:22	5.2	9:40	4.1	2:45	0.3	3:28	0.4	7:19	6:14	
25	Mon	10:03	5.2	10:20	3.9	3:23	0.3	4:11	0.4	7:20	6:13	
26	Tue	10:46	5.2	11:03	3.8	4:04	0.4	4:57	0.5	7:21	6:12	
27	Wed	11:32	5.1	11:50	3.7	4:48	0.4	5:47	0.6	7:22	6:11	
28	Thu			12:22	5.0	5:39	0.5	6:42	0.7	7:23	6:10	
29	Fri	12:43	3.6	1:17	4.8	6:37	0.5	7:39	0.7	7:24	6:08	
30	Sat	1:43	3.6	2:18	4.7	7:40	0.6	8:37	0.6	7:25	6:07	
31	Sun	2:49	3.8	3:21	4.6	8:46	0.5	9:34	0.4	7:26	6:06	