
































Sand Shoal Inlet, VA - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:56	4.1	4:23	4.6	9:53	0.4	10:29	0.2	7:27	6:05	
2	Tue	4:58	4.5	5:21	4.5	10:58	0.2	11:23	0.0	7:28	6:04	
3	Wed	5:54	5.0	6:16	4.5			12:00	0.0	7:29	6:03	
4	Thu	6:46	5.3	7:07	4.4	12:14	-0.2	12:58	-0.2	7:30	6:02	
5	Fri	7:37	5.6	7:57	4.3	1:03	-0.4	1:51	-0.3	7:31	6:01	
6	Sat	8:27	5.7	8:46	4.2	1:50	-0.5	2:42	-0.3	7:32	6:00	
7	Sun	8:15	5.7	8:34	4.0	1:37	-0.5	2:31	-0.3	6:34	4:59	
8	Mon	9:04	5.5	9:22	3.8	2:23	-0.4	3:20	-0.1	6:35	4:58	
9	Tue	9:52	5.2	10:10	3.6	3:10	-0.2	4:10	0.1	6:36	4:57	
10	Wed	10:41	4.9	10:59	3.5	3:59	0.0	5:01	0.4	6:37	4:56	
11	Thu	11:30	4.6	11:50	3.3	4:50	0.3	5:54	0.6	6:38	4:56	
12	Fri			12:21	4.2	5:45	0.5	6:46	0.7	6:39	4:55	
13	Sat	12:46	3.3	1:15	4.0	6:42	0.7	7:36	0.8	6:40	4:54	
14	Sun	1:45	3.3	2:11	3.8	7:40	0.8	8:24	0.8	6:41	4:53	
15	Mon	2:45	3.5	3:05	3.7	8:38	0.8	9:08	0.7	6:42	4:53	
16	Tue	3:39	3.7	3:55	3.7	9:34	0.8	9:51	0.6	6:43	4:52	
17	Wed	4:26	4.0	4:41	3.7	10:27	0.7	10:33	0.5	6:44	4:51	
18	Thu	5:10	4.3	5:25	3.7	11:15	0.6	11:14	0.4	6:45	4:51	
19	Fri	5:52	4.6	6:07	3.8			12:00	0.4	6:46	4:50	
20	Sat	6:34	4.9	6:49	3.8			12:44	0.3	6:47	4:49	
21	Sun	7:16	5.1	7:32	3.8	12:36	0.1	1:26	0.2	6:48	4:49	
22	Mon	7:59	5.2	8:15	3.8	1:18	0.0	2:09	0.2	6:49	4:48	
23	Tue	8:43	5.3	9:00	3.8	2:00	0.0	2:54	0.2	6:50	4:48	
24	Wed	9:29	5.3	9:47	3.7	2:44	0.0	3:41	0.2	6:51	4:47	
25	Thu	10:16	5.2	10:36	3.7	3:32	0.0	4:31	0.2	6:52	4:47	
26	Fri	11:06	5.0	11:30	3.7	4:25	0.1	5:23	0.2	6:53	4:47	
27	Sat	11:58	4.7			5:23	0.2	6:17	0.2	6:54	4:46	
28	Sun	12:28	3.8	12:55	4.5	6:26	0.2	7:12	0.1	6:55	4:46	
29	Mon	1:31	3.9	1:55	4.2	7:32	0.3	8:06	0.0	6:56	4:46	
30	Tue	2:36	4.2	2:57	4.0	8:38	0.2	9:00	-0.1	6:57	4:46	