


































Sand Shoal Inlet, VA - Mar 2011

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 5:41 | 4.0 | 5:48 | 3.2 | 11:53 | 0.2 | 11:46 | -0.2 | 6:34 | 5:56 |  |
| 2 | Wed | 6:23 | 4.1 | 6:30 | 3.5 | | | 12:31 | 0.1 | 6:32 | 5:57 |  |
| 3 | Thu | 7:01 | 4.1 | 7:09 | 3.7 | 12:30 | -0.2 | 1:04 | 0.0 | 6:31 | 5:58 |  |
| 4 | Fri | 7:37 | 4.1 | 7:48 | 3.9 | 1:10 | -0.3 | 1:36 | 0.0 | 6:30 | 5:59 |  |
| 5 | Sat | 8:13 | 4.1 | 8:26 | 4.1 | 1:47 | -0.3 | 2:08 | -0.1 | 6:28 | 6:00 |  |
| 6 | Sun | 8:50 | 4.0 | 9:04 | 4.2 | 2:25 | -0.2 | 2:41 | 0.0 | 6:27 | 6:01 |  |
| 7 | Mon | 9:26 | 3.9 | 9:42 | 4.2 | 3:03 | -0.1 | 3:14 | 0.0 | 6:25 | 6:02 |  |
| 8 | Tue | 10:03 | 3.7 | 10:21 | 4.2 | 3:42 | 0.0 | 3:50 | 0.2 | 6:24 | 6:03 |  |
| 9 | Wed | 10:40 | 3.5 | 11:02 | 4.1 | 4:23 | 0.2 | 4:28 | 0.3 | 6:22 | 6:04 |  |
| 10 | Thu | 11:19 | 3.3 | 11:46 | 4.0 | 5:08 | 0.4 | 5:10 | 0.4 | 6:21 | 6:05 |  |
| 11 | Fri | | | 12:03 | 3.2 | 5:57 | 0.5 | 5:59 | 0.4 | 6:20 | 6:06 |  |
| 12 | Sat | 12:38 | 4.0 | 12:56 | 3.1 | 6:52 | 0.6 | 6:53 | 0.4 | 6:18 | 6:07 |  |
| 13 | Sun | 1:37 | 4.0 | 2:57 | 3.1 | 8:51 | 0.7 | 8:54 | 0.3 | 7:17 | 7:08 |  |
| 14 | Mon | 3:41 | 4.1 | 4:02 | 3.2 | 9:52 | 0.6 | 9:57 | 0.2 | 7:15 | 7:09 |  |
| 15 | Tue | 4:44 | 4.3 | 5:04 | 3.6 | 10:52 | 0.4 | 11:00 | -0.1 | 7:14 | 7:10 |  |
| 16 | Wed | 5:42 | 4.6 | 6:02 | 4.0 | 11:48 | 0.1 | | | 7:12 | 7:10 |  |
| 17 | Thu | 6:36 | 4.8 | 6:56 | 4.4 | 12:01 | -0.4 | 12:40 | -0.2 | 7:11 | 7:11 |  |
| 18 | Fri | 7:28 | 4.9 | 7:48 | 4.9 | 12:58 | -0.7 | 1:29 | -0.5 | 7:09 | 7:12 |  |
| 19 | Sat | 8:18 | 4.9 | 8:40 | 5.2 | 1:53 | -0.9 | 2:17 | -0.7 | 7:08 | 7:13 |  |
| 20 | Sun | 9:08 | 4.8 | 9:31 | 5.4 | 2:46 | -1.0 | 3:03 | -0.9 | 7:06 | 7:14 |  |
| 21 | Mon | 9:57 | 4.6 | 10:21 | 5.4 | 3:38 | -1.0 | 3:50 | -0.8 | 7:05 | 7:15 |  |
| 22 | Tue | 10:46 | 4.3 | 11:13 | 5.2 | 4:31 | -0.8 | 4:38 | -0.7 | 7:03 | 7:16 |  |
| 23 | Wed | 11:36 | 4.0 | | | 5:25 | -0.6 | 5:30 | -0.5 | 7:02 | 7:17 |  |
| 24 | Thu | 12:05 | 5.0 | 12:27 | 3.6 | 6:22 | -0.2 | 6:24 | -0.3 | 7:00 | 7:18 |  |
| 25 | Fri | 1:01 | 4.6 | 1:23 | 3.3 | 7:23 | 0.1 | 7:23 | 0.0 | 6:59 | 7:19 |  |
| 26 | Sat | 2:02 | 4.2 | 2:25 | 3.1 | 8:26 | 0.3 | 8:25 | 0.2 | 6:57 | 7:20 |  |
| 27 | Sun | 3:09 | 3.9 | 3:34 | 3.0 | 9:31 | 0.4 | 9:30 | 0.3 | 6:56 | 7:20 |  |
| 28 | Mon | 4:19 | 3.8 | 4:41 | 3.1 | 10:34 | 0.5 | 10:34 | 0.3 | 6:54 | 7:21 |  |
| 29 | Tue | 5:20 | 3.8 | 5:37 | 3.3 | 11:30 | 0.5 | 11:33 | 0.3 | 6:53 | 7:22 |  |
| 30 | Wed | 6:09 | 3.8 | 6:22 | 3.6 | | | 12:14 | 0.4 | 6:51 | 7:23 |  |
| 31 | Thu | 6:50 | 3.9 | 7:03 | 3.8 | 12:24 | 0.2 | 12:51 | 0.3 | 6:50 | 7:24 |  |