

































Sand Shoal Inlet, VA - May 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:29	3.7	7:49	4.6	1:20	0.3	1:17	0.3	6:08	7:52	
2	Mon	8:09	3.8	8:29	4.8	2:00	0.2	1:55	0.2	6:07	7:53	
3	Tue	8:49	3.8	9:09	4.9	2:38	0.1	2:32	0.2	6:05	7:54	
4	Wed	9:29	3.7	9:49	4.9	3:17	0.1	3:10	0.2	6:04	7:54	
5	Thu	10:10	3.7	10:31	4.9	3:58	0.2	3:50	0.2	6:03	7:55	
6	Fri	10:51	3.6	11:14	4.8	4:40	0.3	4:32	0.3	6:02	7:56	
7	Sat	11:35	3.6	11:59	4.7	5:26	0.3	5:19	0.3	6:01	7:57	
8	Sun			12:22	3.6	6:15	0.4	6:12	0.4	6:00	7:58	
9	Mon	12:48	4.6	1:15	3.6	7:07	0.4	7:10	0.4	5:59	7:59	
10	Tue	1:42	4.5	2:14	3.7	8:00	0.4	8:12	0.4	5:58	8:00	
11	Wed	2:41	4.4	3:17	4.0	8:55	0.3	9:17	0.3	5:57	8:01	
12	Thu	3:43	4.3	4:20	4.3	9:49	0.1	10:22	0.2	5:56	8:02	
13	Fri	4:43	4.2	5:18	4.8	10:44	-0.1	11:26	0.0	5:56	8:02	
14	Sat	5:41	4.2	6:14	5.1	11:38	-0.3			5:55	8:03	
15	Sun	6:36	4.2	7:07	5.5	12:27	-0.3	12:31	-0.5	5:54	8:04	
16	Mon	7:30	4.1	8:00	5.6	1:24	-0.4	1:22	-0.6	5:53	8:05	
17	Tue	8:22	4.1	8:51	5.7	2:17	-0.5	2:13	-0.6	5:52	8:06	
18	Wed	9:14	4.0	9:42	5.5	3:09	-0.5	3:02	-0.6	5:51	8:07	
19	Thu	10:05	3.9	10:33	5.3	3:59	-0.4	3:52	-0.4	5:51	8:07	
20	Fri	10:55	3.7	11:22	5.0	4:49	-0.2	4:43	-0.2	5:50	8:08	
21	Sat	11:45	3.6			5:40	0.0	5:36	0.0	5:49	8:09	
22	Sun	12:11	4.6	12:36	3.5	6:32	0.2	6:30	0.3	5:49	8:10	
23	Mon	1:01	4.3	1:29	3.4	7:23	0.3	7:27	0.5	5:48	8:11	
24	Tue	1:53	3.9	2:26	3.4	8:12	0.4	8:25	0.6	5:47	8:11	
25	Wed	2:46	3.7	3:23	3.5	8:58	0.5	9:23	0.7	5:47	8:12	
26	Thu	3:41	3.5	4:18	3.7	9:44	0.6	10:19	0.7	5:46	8:13	
27	Fri	4:34	3.4	5:07	4.0	10:28	0.5	11:14	0.7	5:46	8:14	
28	Sat	5:23	3.4	5:53	4.2	11:12	0.5			5:45	8:14	
29	Sun	6:08	3.4	6:36	4.5	12:04	0.6	11:55 AM	0.4	5:45	8:15	
30	Mon	6:53	3.5	7:19	4.7	12:50	0.5	12:38	0.3	5:44	8:16	
31	Tue	7:36	3.6	8:01	4.9	1:32	0.4	1:21	0.2	5:44	8:17	