



## Sand Shoal Inlet, VA - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:48	4.7	10:13	5.4	3:32	-0.2	3:41	-0.4	6:07	8:11	☀
2	Tue	10:38	4.8	11:00	5.1	4:17	-0.3	4:33	-0.3	6:08	8:10	☀
3	Wed	11:28	4.9	11:48	4.8	5:03	-0.3	5:28	-0.1	6:09	8:09	☀
4	Thu			12:20	4.9	5:51	-0.3	6:26	0.0	6:10	8:08	☀
5	Fri	12:38	4.4	1:16	4.9	6:43	-0.2	7:28	0.2	6:10	8:07	☀
6	Sat	1:33	3.9	2:17	4.8	7:37	0.0	8:33	0.4	6:11	8:06	☀
7	Sun	2:33	3.6	3:23	4.7	8:35	0.1	9:41	0.5	6:12	8:05	☀
8	Mon	3:39	3.4	4:30	4.7	9:36	0.1	10:49	0.5	6:13	8:04	☀
9	Tue	4:46	3.3	5:33	4.8	10:38	0.1	11:54	0.4	6:14	8:03	☀
10	Wed	5:48	3.4	6:29	4.8	11:39	0.1			6:15	8:01	☀
11	Thu	6:42	3.6	7:18	4.9	12:49	0.3	12:35	0.0	6:15	8:00	☀
12	Fri	7:30	3.7	8:02	4.9	1:35	0.2	1:25	-0.1	6:16	7:59	☀
13	Sat	8:15	3.9	8:43	4.8	2:15	0.1	2:10	-0.1	6:17	7:58	☀
14	Sun	8:58	4.1	9:22	4.7	2:51	0.1	2:52	-0.1	6:18	7:57	☀
15	Mon	9:39	4.2	10:00	4.6	3:26	0.1	3:33	0.0	6:19	7:55	☀
16	Tue	10:19	4.3	10:39	4.4	4:01	0.2	4:14	0.2	6:20	7:54	☀
17	Wed	10:59	4.3	11:17	4.2	4:36	0.3	4:56	0.4	6:21	7:53	☀
18	Thu	11:40	4.3	11:56	3.9	5:12	0.4	5:40	0.6	6:21	7:52	☀
19	Fri			12:23	4.3	5:51	0.5	6:26	0.8	6:22	7:50	☀
20	Sat	12:37	3.7	1:09	4.2	6:32	0.7	7:16	1.0	6:23	7:49	☀
21	Sun	1:22	3.5	2:00	4.2	7:19	0.8	8:11	1.1	6:24	7:48	☀
22	Mon	2:14	3.3	2:57	4.2	8:09	0.8	9:08	1.1	6:25	7:46	☀
23	Tue	3:12	3.3	3:57	4.3	9:04	0.8	10:07	1.1	6:26	7:45	☀
24	Wed	4:13	3.4	4:55	4.6	10:02	0.7	11:04	0.9	6:26	7:44	☀
25	Thu	5:11	3.6	5:49	4.9	11:00	0.5	11:58	0.6	6:27	7:42	☀
26	Fri	6:05	3.9	6:39	5.2	11:57	0.2			6:28	7:41	☀
27	Sat	6:56	4.3	7:27	5.4	12:47	0.3	12:51	-0.1	6:29	7:39	☀
28	Sun	7:46	4.7	8:15	5.5	1:34	0.1	1:43	-0.3	6:30	7:38	☀
29	Mon	8:36	5.1	9:02	5.5	2:18	-0.2	2:34	-0.4	6:31	7:37	☀
30	Tue	9:25	5.3	9:50	5.3	3:03	-0.4	3:25	-0.5	6:31	7:35	☀
31	Wed	10:15	5.5	10:38	5.0	3:48	-0.4	4:18	-0.4	6:32	7:34	☀