
































## Sand Shoal Inlet, VA - Nov 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:36	3.7	1:10	4.8	6:32	0.2	7:36	0.4	7:27	6:05	
2	Wed	1:36	3.5	2:10	4.4	7:34	0.4	8:35	0.5	7:28	6:04	
3	Thu	2:42	3.5	3:13	4.1	8:38	0.6	9:32	0.6	7:29	6:03	
4	Fri	3:49	3.5	4:14	3.9	9:42	0.7	10:23	0.6	7:30	6:02	
5	Sat	4:48	3.7	5:06	3.9	10:43	0.7	11:08	0.5	7:31	6:01	
6	Sun	4:36	4.0	4:51	3.8	10:38	0.6	10:48	0.5	6:32	5:00	
7	Mon	5:18	4.2	5:32	3.8	11:25	0.5	11:26	0.4	6:33	4:59	
8	Tue	5:57	4.5	6:11	3.8			12:07	0.4	6:34	4:58	
9	Wed	6:35	4.7	6:50	3.8	12:03	0.3	12:46	0.4	6:35	4:58	
10	Thu	7:14	4.9	7:30	3.8	12:39	0.3	1:24	0.3	6:36	4:57	
11	Fri	7:54	4.9	8:10	3.8	1:16	0.2	2:02	0.4	6:37	4:56	
12	Sat	8:34	5.0	8:50	3.7	1:54	0.2	2:41	0.4	6:39	4:55	
13	Sun	9:15	4.9	9:31	3.7	2:32	0.3	3:22	0.5	6:40	4:54	
14	Mon	9:56	4.9	10:13	3.6	3:13	0.4	4:06	0.5	6:41	4:53	
15	Tue	10:40	4.8	10:59	3.6	3:56	0.4	4:53	0.6	6:42	4:53	
16	Wed	11:26	4.7	11:49	3.6	4:46	0.5	5:43	0.6	6:43	4:52	
17	Thu			12:16	4.5	5:41	0.6	6:34	0.6	6:44	4:51	
18	Fri	12:45	3.7	1:12	4.4	6:41	0.6	7:27	0.4	6:45	4:51	
19	Sat	1:47	3.9	2:11	4.3	7:45	0.5	8:21	0.3	6:46	4:50	
20	Sun	2:49	4.2	3:11	4.2	8:49	0.4	9:14	0.1	6:47	4:50	
21	Mon	3:49	4.7	4:10	4.2	9:53	0.2	10:08	-0.2	6:48	4:49	
22	Tue	4:46	5.1	5:05	4.2	10:55	-0.1	11:02	-0.4	6:49	4:48	
23	Wed	5:40	5.5	5:59	4.2	11:54	-0.3	11:54	-0.6	6:50	4:48	
24	Thu	6:33	5.7	6:52	4.2			12:49	-0.4	6:51	4:48	
25	Fri	7:26	5.8	7:44	4.1	12:46	-0.7	1:42	-0.5	6:52	4:47	
26	Sat	8:18	5.8	8:36	4.0	1:36	-0.8	2:33	-0.5	6:53	4:47	
27	Sun	9:09	5.6	9:28	3.9	2:27	-0.7	3:24	-0.3	6:54	4:46	
28	Mon	10:00	5.3	10:20	3.7	3:18	-0.5	4:16	-0.2	6:55	4:46	
29	Tue	10:50	4.9	11:12	3.6	4:11	-0.3	5:09	0.0	6:56	4:46	
30	Wed	11:41	4.5			5:07	0.0	6:02	0.2	6:57	4:46	