

































Sand Shoal Inlet, VA - Mar 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:35	3.6	1:52	2.9	7:44	0.8	7:47	0.5	6:33	5:57	
2	Fri	2:35	3.7	2:52	2.9	8:42	0.8	8:44	0.4	6:31	5:58	
3	Sat	3:35	3.8	3:51	3.1	9:39	0.7	9:42	0.2	6:30	5:59	
4	Sun	4:30	4.1	4:45	3.4	10:34	0.5	10:39	0.0	6:29	6:00	
5	Mon	5:21	4.4	5:36	3.8	11:24	0.2	11:33	-0.3	6:27	6:01	
6	Tue	6:08	4.6	6:25	4.2			12:11	-0.1	6:26	6:02	
7	Wed	6:55	4.8	7:13	4.6	12:24	-0.5	12:55	-0.4	6:24	6:03	
8	Thu	7:41	4.9	8:01	4.9	1:13	-0.7	1:39	-0.6	6:23	6:04	
9	Fri	8:28	4.8	8:49	5.1	2:03	-0.8	2:23	-0.7	6:21	6:05	
10	Sat	9:14	4.7	9:38	5.2	2:53	-0.8	3:09	-0.7	6:20	6:06	
11	Sun	11:02	4.4	11:29	5.1	4:45	-0.7	4:57	-0.6	7:18	7:07	
12	Mon	11:52	4.1			5:39	-0.5	5:48	-0.5	7:17	7:07	
13	Tue	12:22	4.9	12:45	3.7	6:38	-0.2	6:44	-0.3	7:15	7:08	
14	Wed	1:20	4.6	1:43	3.4	7:40	0.0	7:45	-0.2	7:14	7:09	
15	Thu	2:24	4.3	2:49	3.2	8:45	0.2	8:49	0.0	7:12	7:10	
16	Fri	3:35	4.2	4:00	3.2	9:52	0.2	9:56	0.0	7:11	7:11	
17	Sat	4:45	4.1	5:07	3.3	10:58	0.2	11:02	0.0	7:10	7:12	
18	Sun	5:47	4.1	6:05	3.5	11:56	0.1			7:08	7:13	
19	Mon	6:38	4.1	6:53	3.7	12:02	-0.1	12:44	0.0	7:07	7:14	
20	Tue	7:22	4.1	7:36	4.0	12:55	-0.2	1:24	-0.1	7:05	7:15	
21	Wed	8:02	4.1	8:16	4.2	1:40	-0.3	2:01	-0.1	7:04	7:16	
22	Thu	8:40	4.1	8:55	4.3	2:22	-0.3	2:36	-0.1	7:02	7:17	
23	Fri	9:18	4.0	9:34	4.4	3:00	-0.3	3:10	-0.1	7:01	7:17	
24	Sat	9:56	3.9	10:13	4.4	3:39	-0.2	3:45	0.0	6:59	7:18	
25	Sun	10:34	3.8	10:53	4.4	4:17	-0.1	4:21	0.1	6:58	7:19	
26	Mon	11:13	3.6	11:33	4.3	4:57	0.1	4:59	0.2	6:56	7:20	
27	Tue	11:53	3.4			5:39	0.3	5:40	0.4	6:55	7:21	
28	Wed	12:16	4.1	12:35	3.3	6:25	0.5	6:25	0.5	6:53	7:22	
29	Thu	1:02	4.0	1:22	3.2	7:15	0.7	7:16	0.6	6:52	7:23	
30	Fri	1:55	3.9	2:16	3.1	8:08	0.8	8:11	0.6	6:50	7:24	
31	Sat	2:53	3.9	3:16	3.2	9:03	0.8	9:10	0.5	6:49	7:25	