
































## Sand Shoal Inlet, VA - Jun 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:33	4.0	6:09	5.3	11:29	-0.3			5:43	8:18	
2	Sat	6:30	4.1	7:04	5.6	12:23	-0.2	12:24	-0.5	5:43	8:18	
3	Sun	7:25	4.1	7:58	5.8	1:21	-0.4	1:18	-0.6	5:43	8:19	
4	Mon	8:20	4.1	8:52	5.8	2:15	-0.5	2:11	-0.7	5:42	8:20	
5	Tue	9:14	4.1	9:45	5.7	3:08	-0.6	3:04	-0.7	5:42	8:20	
6	Wed	10:08	4.1	10:37	5.5	4:00	-0.5	3:57	-0.6	5:42	8:21	
7	Thu	11:01	4.0	11:28	5.2	4:52	-0.4	4:51	-0.4	5:42	8:21	
8	Fri	11:54	3.9			5:44	-0.3	5:48	-0.2	5:42	8:22	
9	Sat	12:19	4.7	12:48	3.8	6:36	-0.1	6:46	0.1	5:42	8:22	
10	Sun	1:10	4.3	1:44	3.8	7:27	0.1	7:45	0.3	5:42	8:23	
11	Mon	2:02	3.9	2:42	3.8	8:17	0.2	8:45	0.5	5:41	8:23	
12	Tue	2:57	3.6	3:40	3.8	9:05	0.3	9:45	0.6	5:41	8:24	
13	Wed	3:52	3.4	4:35	4.0	9:52	0.4	10:44	0.7	5:41	8:24	
14	Thu	4:46	3.3	5:24	4.1	10:38	0.4	11:39	0.6	5:41	8:25	
15	Fri	5:35	3.2	6:09	4.3	11:24	0.4			5:42	8:25	
16	Sat	6:21	3.3	6:52	4.5	12:27	0.6	12:09	0.3	5:42	8:25	
17	Sun	7:05	3.4	7:34	4.7	1:10	0.5	12:52	0.3	5:42	8:26	
18	Mon	7:49	3.5	8:16	4.8	1:50	0.4	1:35	0.2	5:42	8:26	
19	Tue	8:32	3.6	8:57	4.9	2:29	0.3	2:16	0.1	5:42	8:26	
20	Wed	9:14	3.6	9:39	4.9	3:07	0.3	2:57	0.1	5:42	8:26	
21	Thu	9:57	3.7	10:19	4.9	3:46	0.2	3:38	0.2	5:42	8:27	
22	Fri	10:39	3.8	11:00	4.8	4:26	0.2	4:22	0.2	5:43	8:27	
23	Sat	11:22	3.9	11:42	4.7	5:08	0.2	5:08	0.3	5:43	8:27	
24	Sun			12:08	4.0	5:51	0.2	5:59	0.4	5:43	8:27	
25	Mon	12:26	4.5	12:57	4.1	6:37	0.2	6:55	0.4	5:44	8:27	
26	Tue	1:14	4.3	1:51	4.2	7:25	0.2	7:54	0.4	5:44	8:27	
27	Wed	2:07	4.1	2:49	4.4	8:16	0.1	8:56	0.4	5:44	8:27	
28	Thu	3:06	3.9	3:51	4.7	9:10	0.0	10:00	0.3	5:45	8:27	
29	Fri	4:08	3.8	4:52	5.0	10:06	-0.1	11:05	0.2	5:45	8:27	
30	Sat	5:10	3.7	5:51	5.3	11:05	-0.3			5:46	8:27	