

































## Sand Shoal Inlet, VA - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:09	3.8	6:48	5.5	12:08	0.0	12:03	-0.4	5:46	8:27	
2	Mon	7:06	3.9	7:43	5.6	1:07	-0.2	1:01	-0.6	5:47	8:27	
3	Tue	8:02	4.0	8:36	5.6	2:01	-0.3	1:55	-0.7	5:47	8:27	
4	Wed	8:56	4.1	9:28	5.5	2:52	-0.4	2:48	-0.7	5:48	8:27	
5	Thu	9:49	4.1	10:17	5.3	3:41	-0.4	3:40	-0.6	5:48	8:27	
6	Fri	10:39	4.1	11:04	5.0	4:28	-0.4	4:31	-0.4	5:49	8:26	
7	Sat	11:29	4.1	11:50	4.6	5:15	-0.3	5:23	-0.1	5:49	8:26	
8	Sun			12:18	4.0	6:01	-0.1	6:17	0.2	5:50	8:26	
9	Mon	12:36	4.2	1:07	4.0	6:47	0.1	7:11	0.4	5:50	8:25	
10	Tue	1:22	3.8	1:59	3.9	7:32	0.2	8:07	0.6	5:51	8:25	
11	Wed	2:12	3.5	2:54	3.9	8:18	0.4	9:04	0.8	5:52	8:25	
12	Thu	3:05	3.2	3:50	4.0	9:05	0.5	10:01	0.9	5:52	8:24	
13	Fri	4:01	3.1	4:45	4.1	9:54	0.5	10:58	0.9	5:53	8:24	
14	Sat	4:55	3.1	5:35	4.3	10:44	0.5	11:51	0.8	5:54	8:23	
15	Sun	5:46	3.2	6:23	4.5	11:33	0.4			5:54	8:23	
16	Mon	6:34	3.4	7:07	4.7	12:38	0.7	12:21	0.3	5:55	8:22	
17	Tue	7:19	3.6	7:50	4.9	1:20	0.5	1:07	0.2	5:56	8:22	
18	Wed	8:04	3.7	8:32	5.0	2:00	0.4	1:51	0.1	5:57	8:21	
19	Thu	8:47	3.9	9:13	5.1	2:40	0.3	2:34	0.0	5:57	8:21	
20	Fri	9:31	4.1	9:54	5.1	3:19	0.2	3:18	0.0	5:58	8:20	
21	Sat	10:14	4.2	10:36	5.0	3:58	0.1	4:02	0.0	5:59	8:19	
22	Sun	10:59	4.4	11:18	4.8	4:39	0.0	4:50	0.1	6:00	8:19	
23	Mon	11:45	4.5			5:22	0.0	5:41	0.2	6:00	8:18	
24	Tue	12:02	4.6	12:34	4.6	6:08	0.0	6:37	0.3	6:01	8:17	
25	Wed	12:50	4.3	1:28	4.6	6:57	0.0	7:37	0.4	6:02	8:16	
26	Thu	1:44	4.0	2:27	4.7	7:50	0.1	8:40	0.5	6:03	8:15	
27	Fri	2:44	3.7	3:31	4.8	8:47	0.0	9:45	0.4	6:04	8:15	
28	Sat	3:48	3.6	4:36	4.9	9:46	0.0	10:51	0.4	6:04	8:14	
29	Sun	4:53	3.6	5:38	5.1	10:48	-0.1	11:55	0.2	6:05	8:13	
30	Mon	5:55	3.7	6:36	5.2	11:50	-0.3			6:06	8:12	
31	Tue	6:53	3.9	7:30	5.3	12:53	0.0	12:48	-0.4	6:07	8:11	