
































## Sand Shoal Inlet, VA - Aug 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:47	4.1	8:20	5.3	1:45	-0.1	1:42	-0.5	6:08	8:10	
2	Thu	8:38	4.2	9:08	5.2	2:32	-0.2	2:33	-0.5	6:09	8:09	
3	Fri	9:27	4.3	9:53	5.0	3:16	-0.3	3:22	-0.4	6:09	8:08	
4	Sat	10:14	4.4	10:36	4.8	3:58	-0.2	4:09	-0.2	6:10	8:07	
5	Sun	10:59	4.4	11:18	4.4	4:40	-0.1	4:56	0.0	6:11	8:06	
6	Mon	11:43	4.3			5:21	0.0	5:45	0.3	6:12	8:05	
7	Tue	12:00	4.1	12:29	4.2	6:03	0.2	6:34	0.5	6:13	8:04	
8	Wed	12:44	3.8	1:16	4.1	6:46	0.4	7:26	0.8	6:14	8:03	
9	Thu	1:30	3.5	2:08	4.0	7:32	0.6	8:20	0.9	6:14	8:02	
10	Fri	2:21	3.3	3:05	4.0	8:21	0.7	9:17	1.0	6:15	8:00	
11	Sat	3:18	3.2	4:04	4.1	9:12	0.7	10:14	1.1	6:16	7:59	
12	Sun	4:16	3.2	5:00	4.3	10:06	0.7	11:09	1.0	6:17	7:58	
13	Mon	5:12	3.3	5:50	4.5	10:59	0.6			6:18	7:57	
14	Tue	6:02	3.6	6:37	4.7	12:00	0.9	11:51 AM	0.5	6:19	7:56	
15	Wed	6:50	3.8	7:20	4.9	12:45	0.7	12:40	0.3	6:19	7:54	
16	Thu	7:35	4.1	8:03	5.1	1:27	0.4	1:27	0.1	6:20	7:53	
17	Fri	8:20	4.4	8:45	5.2	2:07	0.2	2:12	0.0	6:21	7:52	
18	Sat	9:04	4.7	9:28	5.2	2:47	0.1	2:57	-0.1	6:22	7:51	
19	Sun	9:49	4.9	10:11	5.1	3:27	0.0	3:44	-0.1	6:23	7:49	
20	Mon	10:35	5.0	10:55	4.9	4:09	-0.1	4:33	0.0	6:24	7:48	
21	Tue	11:22	5.1	11:41	4.6	4:53	-0.1	5:25	0.1	6:25	7:47	
22	Wed			12:12	5.1	5:41	0.0	6:22	0.3	6:25	7:45	
23	Thu	12:31	4.2	1:07	5.0	6:32	0.0	7:22	0.4	6:26	7:44	
24	Fri	1:26	3.9	2:08	4.9	7:29	0.1	8:27	0.5	6:27	7:43	
25	Sat	2:27	3.7	3:15	4.8	8:29	0.2	9:33	0.6	6:28	7:41	
26	Sun	3:35	3.6	4:23	4.9	9:33	0.2	10:40	0.5	6:29	7:40	
27	Mon	4:44	3.6	5:27	4.9	10:38	0.1	11:42	0.4	6:30	7:38	
28	Tue	5:46	3.8	6:24	5.0	11:40	0.0			6:30	7:37	
29	Wed	6:42	4.1	7:14	5.0	12:37	0.2	12:38	-0.1	6:31	7:36	
30	Thu	7:32	4.3	8:01	5.0	1:25	0.0	1:30	-0.2	6:32	7:34	
31	Fri	8:19	4.5	8:44	4.9	2:08	-0.1	2:18	-0.2	6:33	7:33	