

































Sand Shoal Inlet, VA - Jan 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:23	4.4	10:44	3.6	3:47	0.0	4:29	0.1	7:17	4:56	
2	Wed	11:04	4.3	11:30	3.7	4:34	0.1	5:12	0.1	7:17	4:57	
3	Thu	11:49	4.0			5:25	0.2	5:59	0.1	7:17	4:58	
4	Fri	12:20	3.8	12:38	3.8	6:22	0.3	6:48	0.0	7:17	4:59	
5	Sat	1:17	3.9	1:35	3.6	7:22	0.3	7:42	-0.1	7:17	4:59	
6	Sun	2:18	4.2	2:36	3.5	8:26	0.2	8:38	-0.2	7:17	5:00	
7	Mon	3:21	4.4	3:39	3.5	9:31	0.1	9:37	-0.4	7:17	5:01	
8	Tue	4:23	4.7	4:40	3.6	10:35	-0.1	10:37	-0.6	7:17	5:02	
9	Wed	5:22	5.0	5:39	3.7	11:36	-0.3	11:36	-0.8	7:17	5:03	
10	Thu	6:18	5.2	6:35	3.8			12:33	-0.6	7:17	5:04	
11	Fri	7:12	5.3	7:30	4.0	12:31	-1.0	1:25	-0.7	7:16	5:05	
12	Sat	8:04	5.3	8:23	4.0	1:25	-1.1	2:14	-0.8	7:16	5:06	
13	Sun	8:54	5.2	9:14	4.1	2:17	-1.1	3:03	-0.8	7:16	5:07	
14	Mon	9:42	4.9	10:04	4.0	3:08	-1.0	3:50	-0.7	7:16	5:08	
15	Tue	10:29	4.5	10:54	3.9	4:00	-0.7	4:37	-0.6	7:15	5:09	
16	Wed	11:16	4.1	11:44	3.8	4:53	-0.4	5:25	-0.4	7:15	5:10	
17	Thu			12:03	3.7	5:48	-0.1	6:13	-0.2	7:15	5:11	
18	Fri	12:36	3.6	12:52	3.3	6:44	0.1	7:01	0.0	7:14	5:12	
19	Sat	1:32	3.5	1:45	3.0	7:42	0.4	7:51	0.1	7:14	5:13	
20	Sun	2:31	3.5	2:42	2.8	8:41	0.5	8:42	0.2	7:13	5:14	
21	Mon	3:30	3.6	3:39	2.8	9:41	0.5	9:33	0.2	7:13	5:15	
22	Tue	4:24	3.7	4:32	2.9	10:37	0.5	10:24	0.1	7:12	5:16	
23	Wed	5:13	3.9	5:20	3.0	11:26	0.4	11:13	0.0	7:12	5:17	
24	Thu	5:58	4.1	6:06	3.2			12:09	0.3	7:11	5:19	
25	Fri	6:40	4.3	6:49	3.4			12:48	0.2	7:10	5:20	
26	Sat	7:21	4.4	7:32	3.6	12:41	-0.2	1:25	0.0	7:10	5:21	
27	Sun	8:01	4.5	8:14	3.7	1:22	-0.3	2:02	-0.1	7:09	5:22	
28	Mon	8:40	4.6	8:55	3.9	2:03	-0.4	2:40	-0.2	7:08	5:23	
29	Tue	9:19	4.5	9:37	4.0	2:45	-0.4	3:18	-0.2	7:08	5:24	
30	Wed	9:59	4.4	10:19	4.1	3:28	-0.3	3:59	-0.2	7:07	5:25	
31	Thu	10:40	4.2	11:05	4.1	4:15	-0.2	4:42	-0.2	7:06	5:26	