

































## Sand Shoal Inlet, VA - Mar 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:19	4.2	10:44	4.7	3:59	-0.4	4:15	-0.3	6:33	5:57	
2	Sat	11:05	4.0	11:34	4.6	4:51	-0.2	5:03	-0.3	6:32	5:58	
3	Sun	11:56	3.7			5:47	-0.1	5:57	-0.2	6:30	5:59	
4	Mon	12:31	4.5	12:53	3.4	6:48	0.1	6:56	-0.1	6:29	6:00	
5	Tue	1:35	4.4	1:58	3.3	7:52	0.2	7:59	-0.1	6:27	6:01	
6	Wed	2:43	4.3	3:07	3.3	8:58	0.2	9:05	-0.2	6:26	6:02	
7	Thu	3:51	4.4	4:13	3.5	10:03	0.0	10:11	-0.3	6:25	6:02	
8	Fri	4:53	4.5	5:13	3.7	11:03	-0.1	11:13	-0.5	6:23	6:03	
9	Sat	5:49	4.5	6:07	4.0	11:56	-0.3			6:22	6:04	
10	Sun	7:39	4.6	7:57	4.3	12:09	-0.6	1:43	-0.5	7:20	7:05	
11	Mon	8:25	4.5	8:43	4.4	2:00	-0.7	2:26	-0.5	7:19	7:06	
12	Tue	9:09	4.4	9:27	4.5	2:47	-0.7	3:07	-0.5	7:17	7:07	
13	Wed	9:52	4.2	10:10	4.5	3:31	-0.6	3:47	-0.5	7:16	7:08	
14	Thu	10:33	4.0	10:53	4.4	4:15	-0.5	4:26	-0.3	7:14	7:09	
15	Fri	11:14	3.8	11:35	4.3	4:59	-0.2	5:06	-0.1	7:13	7:10	
16	Sat	11:55	3.5			5:44	0.0	5:49	0.1	7:11	7:11	
17	Sun	12:19	4.1	12:39	3.3	6:31	0.3	6:34	0.3	7:10	7:12	
18	Mon	1:07	3.9	1:26	3.1	7:20	0.5	7:23	0.5	7:08	7:13	
19	Tue	1:59	3.7	2:19	3.0	8:13	0.7	8:17	0.6	7:07	7:14	
20	Wed	2:58	3.6	3:18	3.0	9:08	0.8	9:12	0.6	7:05	7:15	
21	Thu	3:58	3.7	4:18	3.1	10:03	0.8	10:09	0.5	7:04	7:15	
22	Fri	4:55	3.8	5:13	3.4	10:56	0.7	11:05	0.4	7:02	7:16	
23	Sat	5:46	4.0	6:02	3.7	11:45	0.5	11:58	0.2	7:01	7:17	
24	Sun	6:32	4.2	6:49	4.1			12:30	0.3	6:59	7:18	
25	Mon	7:16	4.4	7:33	4.4	12:47	0.0	1:13	0.0	6:58	7:19	
26	Tue	8:00	4.5	8:18	4.8	1:34	-0.3	1:55	-0.2	6:56	7:20	
27	Wed	8:43	4.6	9:03	5.0	2:21	-0.4	2:37	-0.3	6:55	7:21	
28	Thu	9:28	4.5	9:49	5.2	3:07	-0.5	3:19	-0.4	6:53	7:22	
29	Fri	10:13	4.4	10:36	5.2	3:54	-0.5	4:04	-0.4	6:52	7:23	
30	Sat	11:00	4.3	11:26	5.2	4:44	-0.4	4:52	-0.4	6:50	7:24	
31	Sun	11:49	4.0			5:38	-0.3	5:43	-0.3	6:49	7:24	