

































Sand Shoal Inlet, VA - Jul 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:04	3.5	3:51	4.1	9:09	0.1	10:01	0.5	5:46	8:27	
2	Tue	4:02	3.3	4:48	4.2	10:00	0.2	11:03	0.6	5:46	8:27	
3	Wed	4:58	3.2	5:39	4.3	10:50	0.3	11:59	0.5	5:47	8:27	
4	Thu	5:48	3.2	6:25	4.4	11:39	0.3			5:47	8:27	
5	Fri	6:35	3.3	7:08	4.5	12:47	0.5	12:25	0.2	5:48	8:27	
6	Sat	7:19	3.4	7:49	4.7	1:28	0.4	1:09	0.2	5:49	8:26	
7	Sun	8:02	3.5	8:30	4.7	2:05	0.4	1:50	0.1	5:49	8:26	
8	Mon	8:44	3.6	9:10	4.8	2:42	0.3	2:31	0.1	5:50	8:26	
9	Tue	9:26	3.7	9:49	4.8	3:18	0.3	3:11	0.1	5:50	8:25	
10	Wed	10:07	3.8	10:28	4.7	3:54	0.3	3:51	0.2	5:51	8:25	
11	Thu	10:48	3.9	11:07	4.6	4:32	0.3	4:33	0.3	5:52	8:25	
12	Fri	11:30	4.0	11:46	4.5	5:11	0.3	5:17	0.4	5:52	8:24	
13	Sat			12:13	4.0	5:51	0.3	6:06	0.5	5:53	8:24	
14	Sun	12:27	4.3	12:59	4.1	6:34	0.3	6:58	0.6	5:54	8:23	
15	Mon	1:13	4.1	1:50	4.3	7:21	0.3	7:55	0.6	5:54	8:23	
16	Tue	2:05	3.9	2:48	4.5	8:11	0.3	8:56	0.6	5:55	8:22	
17	Wed	3:03	3.7	3:49	4.7	9:05	0.2	9:59	0.5	5:56	8:22	
18	Thu	4:06	3.7	4:50	5.0	10:03	0.0	11:02	0.3	5:56	8:21	
19	Fri	5:08	3.8	5:49	5.3	11:03	-0.2			5:57	8:21	
20	Sat	6:08	3.9	6:46	5.5	12:04	0.1	12:03	-0.4	5:58	8:20	
21	Sun	7:05	4.1	7:42	5.7	1:02	-0.2	1:01	-0.6	5:59	8:19	
22	Mon	8:01	4.3	8:35	5.7	1:56	-0.4	1:57	-0.7	5:59	8:19	
23	Tue	8:56	4.5	9:27	5.6	2:47	-0.5	2:51	-0.8	6:00	8:18	
24	Wed	9:50	4.6	10:17	5.4	3:36	-0.6	3:44	-0.7	6:01	8:17	
25	Thu	10:42	4.6	11:06	5.1	4:24	-0.5	4:38	-0.5	6:02	8:16	
26	Fri	11:33	4.6	11:54	4.6	5:12	-0.4	5:32	-0.2	6:03	8:16	
27	Sat			12:24	4.5	6:01	-0.3	6:28	0.1	6:03	8:15	
28	Sun	12:42	4.2	1:17	4.3	6:50	0.0	7:26	0.3	6:04	8:14	
29	Mon	1:32	3.8	2:12	4.2	7:40	0.2	8:26	0.6	6:05	8:13	
30	Tue	2:26	3.4	3:11	4.1	8:30	0.3	9:26	0.7	6:06	8:12	
31	Wed	3:23	3.2	4:11	4.1	9:22	0.4	10:27	0.8	6:07	8:11	