
































Sand Shoal Inlet, VA - Nov 2013

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:45	4.9	7:04	4.5	12:14	0.3	12:48	0.3	7:28	6:05	
2	Sat	7:30	5.3	7:49	4.6	12:58	0.0	1:37	0.0	7:29	6:04	
3	Sun	7:16	5.6	7:36	4.6	1:42	-0.1	1:25	-0.1	6:30	5:03	
4	Mon	8:03	5.8	8:24	4.5	1:27	-0.3	2:13	-0.2	6:31	5:02	
5	Tue	8:52	5.8	9:13	4.4	2:14	-0.3	3:03	-0.2	6:32	5:01	
6	Wed	9:43	5.7	10:04	4.2	3:03	-0.3	3:55	-0.1	6:33	5:00	
7	Thu	10:35	5.5	10:58	4.1	3:55	-0.2	4:51	0.0	6:34	4:59	
8	Fri	11:30	5.2	11:57	3.9	4:53	-0.1	5:49	0.1	6:35	4:58	
9	Sat			12:29	4.9	5:54	0.1	6:49	0.2	6:36	4:57	
10	Sun	1:00	3.9	1:31	4.6	7:00	0.2	7:49	0.2	6:37	4:56	
11	Mon	2:09	3.9	2:36	4.3	8:07	0.3	8:47	0.1	6:38	4:55	
12	Tue	3:16	4.1	3:38	4.2	9:14	0.3	9:42	0.1	6:39	4:55	
13	Wed	4:16	4.3	4:34	4.0	10:18	0.2	10:34	0.0	6:40	4:54	
14	Thu	5:08	4.6	5:24	4.0	11:16	0.1	11:21	-0.1	6:41	4:53	
15	Fri	5:55	4.8	6:10	3.9			12:07	0.0	6:42	4:52	
16	Sat	6:38	4.9	6:53	3.9	12:05	-0.1	12:53	0.0	6:43	4:52	
17	Sun	7:20	5.0	7:35	3.8	12:46	-0.2	1:34	0.0	6:44	4:51	
18	Mon	8:01	5.0	8:17	3.7	1:26	-0.1	2:14	0.1	6:45	4:50	
19	Tue	8:42	4.9	8:58	3.7	2:05	-0.1	2:54	0.2	6:46	4:50	
20	Wed	9:24	4.8	9:41	3.6	2:45	0.1	3:34	0.3	6:47	4:49	
21	Thu	10:06	4.6	10:23	3.5	3:26	0.2	4:16	0.4	6:48	4:49	
22	Fri	10:48	4.4	11:08	3.4	4:09	0.4	5:00	0.6	6:49	4:48	
23	Sat	11:32	4.3	11:56	3.4	4:55	0.6	5:45	0.7	6:50	4:48	
24	Sun			12:19	4.1	5:45	0.7	6:32	0.7	6:51	4:47	
25	Mon	12:47	3.4	1:09	3.9	6:39	0.8	7:19	0.7	6:52	4:47	
26	Tue	1:42	3.5	2:02	3.8	7:35	0.8	8:07	0.6	6:53	4:47	
27	Wed	2:38	3.8	2:56	3.8	8:32	0.7	8:56	0.4	6:54	4:46	
28	Thu	3:33	4.1	3:49	3.9	9:30	0.6	9:45	0.2	6:55	4:46	
29	Fri	4:25	4.5	4:41	4.0	10:27	0.4	10:35	0.0	6:56	4:46	
30	Sat	5:14	4.9	5:31	4.1	11:21	0.1	11:25	-0.2	6:57	4:45	