



Sand Shoal Inlet, VA - Jan 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:28	5.6	7:47	4.1	12:48	-1.0	1:40	-0.7	7:17	4:56	☀
2	Thu	8:20	5.6	8:40	4.2	1:41	-1.1	2:30	-0.8	7:17	4:57	☀
3	Fri	9:12	5.5	9:34	4.2	2:34	-1.1	3:21	-0.8	7:17	4:57	☀
4	Sat	10:03	5.2	10:28	4.2	3:28	-1.0	4:13	-0.8	7:17	4:58	☀
5	Sun	10:54	4.8	11:22	4.1	4:24	-0.8	5:05	-0.7	7:17	4:59	☀
6	Mon	11:46	4.4			5:22	-0.5	5:58	-0.5	7:17	5:00	☀
7	Tue	12:19	3.9	12:39	3.9	6:23	-0.2	6:52	-0.4	7:17	5:01	☀
8	Wed	1:19	3.8	1:37	3.5	7:26	0.0	7:46	-0.2	7:17	5:02	☀
9	Thu	2:23	3.8	2:37	3.2	8:31	0.2	8:40	-0.1	7:17	5:03	☀
10	Fri	3:27	3.8	3:37	3.0	9:36	0.3	9:35	-0.1	7:17	5:04	☀
11	Sat	4:24	3.9	4:32	2.9	10:38	0.3	10:27	-0.1	7:16	5:05	☀
12	Sun	5:14	4.0	5:20	3.0	11:32	0.2	11:15	-0.1	7:16	5:06	☀
13	Mon	5:58	4.1	6:05	3.1			12:16	0.2	7:16	5:07	☀
14	Tue	6:39	4.2	6:47	3.2	12:00	-0.2	12:54	0.1	7:16	5:08	☀
15	Wed	7:19	4.3	7:29	3.3	12:41	-0.3	1:30	0.0	7:15	5:09	☀
16	Thu	7:59	4.4	8:10	3.4	1:20	-0.3	2:05	0.0	7:15	5:10	☀
17	Fri	8:38	4.4	8:51	3.5	1:59	-0.3	2:40	0.0	7:15	5:11	☀
18	Sat	9:16	4.4	9:31	3.6	2:38	-0.2	3:17	0.0	7:14	5:12	☀
19	Sun	9:54	4.3	10:11	3.6	3:18	-0.1	3:54	0.0	7:14	5:13	☀
20	Mon	10:31	4.1	10:52	3.6	4:00	0.0	4:33	0.1	7:13	5:14	☀
21	Tue	11:11	3.9	11:36	3.7	4:44	0.1	5:14	0.1	7:13	5:15	☀
22	Wed	11:53	3.7			5:33	0.3	5:58	0.1	7:12	5:16	☀
23	Thu	12:24	3.7	12:40	3.5	6:27	0.3	6:47	0.1	7:12	5:17	☀
24	Fri	1:19	3.8	1:36	3.4	7:25	0.4	7:40	0.0	7:11	5:18	☀
25	Sat	2:19	4.0	2:37	3.3	8:27	0.3	8:37	-0.1	7:11	5:19	☀
26	Sun	3:22	4.3	3:40	3.4	9:31	0.2	9:37	-0.3	7:10	5:20	☀
27	Mon	4:23	4.6	4:41	3.5	10:34	0.0	10:38	-0.6	7:09	5:22	☀
28	Tue	5:21	4.9	5:39	3.8	11:34	-0.3	11:36	-0.8	7:09	5:23	☀
29	Wed	6:17	5.2	6:35	4.0			12:29	-0.6	7:08	5:24	☀
30	Thu	7:11	5.3	7:29	4.2	12:33	-1.1	1:20	-0.8	7:07	5:25	☀
31	Fri	8:03	5.3	8:23	4.4	1:27	-1.2	2:10	-0.9	7:06	5:26	☀