


























Sand Shoal Inlet, VA - Jul 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:28	3.7	11:47	4.4	5:13	0.3	5:14	0.4	5:46	8:27	
2	Wed			12:11	3.7	5:53	0.4	6:00	0.6	5:46	8:27	
3	Thu	12:27	4.2	12:56	3.8	6:35	0.5	6:49	0.7	5:47	8:27	
4	Fri	1:10	4.0	1:44	3.8	7:18	0.5	7:41	0.8	5:47	8:27	
5	Sat	1:57	3.8	2:36	4.0	8:03	0.5	8:36	0.8	5:48	8:27	
6	Sun	2:49	3.7	3:31	4.2	8:51	0.5	9:33	0.8	5:48	8:26	
7	Mon	3:45	3.6	4:27	4.5	9:42	0.4	10:32	0.6	5:49	8:26	
8	Tue	4:43	3.7	5:22	4.8	10:36	0.2	11:31	0.4	5:50	8:26	
9	Wed	5:39	3.8	6:15	5.2	11:31	0.0			5:50	8:26	
10	Thu	6:33	4.0	7:08	5.5	12:28	0.2	12:26	-0.3	5:51	8:25	
11	Fri	7:27	4.2	8:00	5.7	1:22	-0.1	1:21	-0.5	5:51	8:25	
12	Sat	8:21	4.3	8:53	5.8	2:14	-0.3	2:14	-0.6	5:52	8:24	
13	Sun	9:15	4.5	9:44	5.8	3:04	-0.5	3:07	-0.7	5:53	8:24	
14	Mon	10:08	4.6	10:36	5.6	3:54	-0.6	4:01	-0.7	5:53	8:24	
15	Tue	11:02	4.7	11:26	5.3	4:44	-0.6	4:57	-0.5	5:54	8:23	
16	Wed	11:56	4.6			5:35	-0.5	5:55	-0.3	5:55	8:23	
17	Thu	12:18	4.8	12:51	4.6	6:28	-0.4	6:55	-0.1	5:56	8:22	
18	Fri	1:11	4.4	1:50	4.5	7:21	-0.2	7:58	0.2	5:56	8:21	
19	Sat	2:07	3.9	2:52	4.4	8:15	-0.1	9:02	0.3	5:57	8:21	
20	Sun	3:07	3.6	3:56	4.3	9:10	0.0	10:08	0.5	5:58	8:20	
21	Mon	4:09	3.4	4:57	4.4	10:06	0.1	11:13	0.5	5:59	8:20	
22	Tue	5:08	3.3	5:51	4.4	11:00	0.2			5:59	8:19	
23	Wed	6:01	3.3	6:38	4.5	12:11	0.5	11:53 AM	0.2	6:00	8:18	
24	Thu	6:48	3.4	7:21	4.6	12:59	0.4	12:41	0.1	6:01	8:17	
25	Fri	7:32	3.5	8:02	4.7	1:40	0.3	1:25	0.1	6:02	8:17	
26	Sat	8:14	3.7	8:42	4.7	2:17	0.3	2:06	0.1	6:02	8:16	
27	Sun	8:56	3.8	9:21	4.7	2:52	0.2	2:45	0.1	6:03	8:15	
28	Mon	9:37	3.9	9:59	4.7	3:26	0.2	3:25	0.1	6:04	8:14	
29	Tue	10:18	4.0	10:38	4.6	4:02	0.3	4:05	0.2	6:05	8:13	
30	Wed	10:58	4.1	11:16	4.4	4:38	0.3	4:46	0.4	6:06	8:12	
31	Thu	11:38	4.1	11:54	4.2	5:15	0.4	5:30	0.5	6:06	8:12	