

































## Sand Shoal Inlet, VA - Jan 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:33	3.3	12:52	3.5	6:31	0.4	7:03	0.3	7:17	4:55	
2	Sat	1:26	3.3	1:43	3.3	7:25	0.5	7:50	0.3	7:17	4:56	
3	Sun	2:22	3.4	2:37	3.2	8:21	0.6	8:37	0.3	7:17	4:57	
4	Mon	3:18	3.6	3:31	3.1	9:17	0.6	9:25	0.3	7:17	4:58	
5	Tue	4:10	3.8	4:22	3.2	10:12	0.5	10:14	0.2	7:17	4:59	
6	Wed	4:58	4.1	5:11	3.3	11:04	0.4	11:02	0.0	7:17	5:00	
7	Thu	5:45	4.4	5:58	3.4	11:52	0.2	11:48	-0.2	7:17	5:01	
8	Fri	6:30	4.7	6:44	3.6			12:38	0.0	7:17	5:01	
9	Sat	7:14	4.9	7:29	3.7	12:34	-0.4	1:22	-0.2	7:17	5:02	
10	Sun	7:59	5.1	8:16	3.9	1:19	-0.5	2:07	-0.3	7:17	5:03	
11	Mon	8:45	5.1	9:03	3.9	2:05	-0.6	2:51	-0.4	7:17	5:04	
12	Tue	9:30	5.1	9:51	4.0	2:52	-0.6	3:37	-0.5	7:16	5:05	
13	Wed	10:17	4.9	10:41	4.0	3:42	-0.6	4:25	-0.5	7:16	5:06	
14	Thu	11:05	4.7	11:33	4.0	4:36	-0.4	5:15	-0.4	7:16	5:07	
15	Fri	11:56	4.3			5:33	-0.3	6:08	-0.4	7:16	5:08	
16	Sat	12:30	4.0	12:51	4.0	6:34	-0.2	7:02	-0.4	7:15	5:09	
17	Sun	1:31	4.0	1:51	3.6	7:38	0.0	7:59	-0.4	7:15	5:10	
18	Mon	2:36	4.1	2:55	3.4	8:44	0.0	8:57	-0.4	7:15	5:11	
19	Tue	3:41	4.2	3:58	3.3	9:51	0.0	9:56	-0.4	7:14	5:12	
20	Wed	4:42	4.4	4:57	3.3	10:56	-0.1	10:54	-0.5	7:14	5:13	
21	Thu	5:38	4.5	5:52	3.3	11:54	-0.3	11:48	-0.6	7:13	5:14	
22	Fri	6:29	4.6	6:42	3.4			12:45	-0.4	7:13	5:16	
23	Sat	7:17	4.7	7:30	3.5	12:38	-0.7	1:30	-0.4	7:12	5:17	
24	Sun	8:01	4.6	8:15	3.6	1:25	-0.7	2:12	-0.4	7:12	5:18	
25	Mon	8:44	4.6	8:59	3.6	2:09	-0.7	2:52	-0.4	7:11	5:19	
26	Tue	9:25	4.4	9:41	3.6	2:51	-0.5	3:31	-0.3	7:10	5:20	
27	Wed	10:05	4.2	10:24	3.6	3:34	-0.4	4:10	-0.2	7:10	5:21	
28	Thu	10:46	4.0	11:07	3.5	4:18	-0.2	4:50	0.0	7:09	5:22	
29	Fri	11:27	3.7	11:52	3.5	5:03	0.1	5:31	0.1	7:08	5:23	
30	Sat			12:10	3.4	5:51	0.3	6:14	0.2	7:07	5:24	
31	Sun	12:40	3.4	12:57	3.2	6:42	0.5	7:00	0.3	7:07	5:25	