

































Sand Shoal Inlet, VA - Mar 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:48	3.7	1:08	3.1	6:56	0.6	7:05	0.5	6:33	5:57	
2	Wed	1:44	3.7	2:04	3.1	7:52	0.7	8:00	0.4	6:31	5:58	
3	Thu	2:44	3.8	3:04	3.1	8:50	0.6	8:57	0.3	6:30	5:59	
4	Fri	3:43	4.1	4:03	3.4	9:49	0.5	9:55	0.1	6:28	6:00	
5	Sat	4:39	4.4	4:58	3.7	10:45	0.3	10:52	-0.2	6:27	6:01	
6	Sun	5:32	4.7	5:50	4.0	11:38	0.0	11:47	-0.5	6:26	6:02	
7	Mon	6:22	4.9	6:40	4.4			12:27	-0.3	6:24	6:03	
8	Tue	7:11	5.1	7:31	4.7	12:40	-0.7	1:14	-0.6	6:23	6:04	
9	Wed	8:00	5.2	8:21	5.0	1:31	-0.9	2:00	-0.8	6:21	6:05	
10	Thu	8:49	5.1	9:11	5.1	2:22	-1.0	2:47	-0.8	6:20	6:06	
11	Fri	9:37	4.8	10:02	5.1	3:14	-0.9	3:35	-0.8	6:18	6:07	
12	Sat	10:27	4.5	10:54	5.0	4:07	-0.8	4:25	-0.7	6:17	6:07	
13	Sun			12:18	4.1	6:04	-0.5	6:18	-0.5	7:15	7:08	
14	Mon	12:49	4.7	1:13	3.7	7:04	-0.3	7:15	-0.3	7:14	7:09	
15	Tue	1:48	4.4	2:13	3.4	8:07	0.0	8:15	-0.1	7:12	7:10	
16	Wed	2:53	4.2	3:20	3.2	9:12	0.1	9:18	0.0	7:11	7:11	
17	Thu	4:03	4.0	4:29	3.2	10:19	0.2	10:23	0.1	7:09	7:12	
18	Fri	5:10	4.0	5:31	3.3	11:23	0.2	11:25	0.0	7:08	7:13	
19	Sat	6:07	4.0	6:23	3.4			12:17	0.2	7:06	7:14	
20	Sun	6:54	4.1	7:07	3.7	12:21	-0.1	1:02	0.1	7:05	7:15	
21	Mon	7:35	4.1	7:48	3.9	1:08	-0.2	1:39	0.0	7:03	7:16	
22	Tue	8:14	4.2	8:27	4.1	1:50	-0.2	2:14	0.0	7:02	7:17	
23	Wed	8:51	4.2	9:05	4.2	2:29	-0.3	2:47	-0.1	7:00	7:18	
24	Thu	9:29	4.1	9:44	4.3	3:07	-0.2	3:21	0.0	6:59	7:18	
25	Fri	10:07	4.0	10:23	4.3	3:45	-0.1	3:56	0.1	6:57	7:19	
26	Sat	10:45	3.9	11:02	4.3	4:23	0.0	4:32	0.2	6:56	7:20	
27	Sun	11:23	3.7	11:42	4.2	5:04	0.1	5:10	0.3	6:54	7:21	
28	Mon			12:03	3.6	5:47	0.3	5:52	0.4	6:53	7:22	
29	Tue	12:25	4.1	12:46	3.4	6:33	0.5	6:38	0.5	6:51	7:23	
30	Wed	1:11	4.1	1:34	3.3	7:24	0.6	7:29	0.6	6:50	7:24	
31	Thu	2:05	4.0	2:30	3.3	8:19	0.7	8:26	0.5	6:48	7:25	