

































Sand Shoal Inlet, VA - May 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:32	4.3	4:06	4.0	9:42	0.3	10:02	0.3	6:07	7:52	
2	Mon	4:33	4.4	5:05	4.4	10:38	0.1	11:05	0.0	6:06	7:53	
3	Tue	5:31	4.5	6:01	4.8	11:33	-0.1			6:05	7:54	
4	Wed	6:26	4.6	6:54	5.2	12:05	-0.2	12:26	-0.4	6:04	7:55	
5	Thu	7:19	4.7	7:47	5.5	1:03	-0.5	1:17	-0.6	6:02	7:56	
6	Fri	8:12	4.7	8:39	5.7	1:58	-0.7	2:07	-0.7	6:01	7:57	
7	Sat	9:04	4.6	9:31	5.8	2:51	-0.8	2:56	-0.8	6:00	7:58	
8	Sun	9:56	4.4	10:22	5.6	3:44	-0.8	3:47	-0.7	5:59	7:59	
9	Mon	10:48	4.2	11:14	5.4	4:37	-0.6	4:38	-0.5	5:58	8:00	
10	Tue	11:40	4.0			5:31	-0.4	5:32	-0.3	5:58	8:00	
11	Wed	12:07	5.0	12:34	3.7	6:27	-0.2	6:29	0.0	5:57	8:01	
12	Thu	1:01	4.6	1:31	3.5	7:24	0.0	7:29	0.2	5:56	8:02	
13	Fri	1:58	4.2	2:32	3.4	8:21	0.2	8:30	0.4	5:55	8:03	
14	Sat	2:58	3.9	3:36	3.5	9:16	0.3	9:32	0.5	5:54	8:04	
15	Sun	3:58	3.7	4:35	3.6	10:08	0.4	10:32	0.5	5:53	8:05	
16	Mon	4:53	3.7	5:25	3.8	10:55	0.4	11:27	0.5	5:52	8:06	
17	Tue	5:41	3.6	6:08	4.1	11:39	0.4			5:52	8:06	
18	Wed	6:25	3.7	6:49	4.3	12:16	0.4	12:19	0.3	5:51	8:07	
19	Thu	7:06	3.7	7:29	4.5	1:00	0.3	12:58	0.2	5:50	8:08	
20	Fri	7:47	3.8	8:09	4.7	1:40	0.2	1:36	0.2	5:49	8:09	
21	Sat	8:28	3.8	8:49	4.8	2:19	0.2	2:14	0.2	5:49	8:10	
22	Sun	9:09	3.8	9:29	4.9	2:58	0.1	2:52	0.2	5:48	8:11	
23	Mon	9:50	3.8	10:10	4.9	3:37	0.2	3:32	0.2	5:48	8:11	
24	Tue	10:32	3.7	10:51	4.9	4:18	0.2	4:13	0.3	5:47	8:12	
25	Wed	11:14	3.7	11:34	4.8	5:01	0.3	4:56	0.3	5:46	8:13	
26	Thu	11:59	3.7			5:47	0.3	5:45	0.4	5:46	8:14	
27	Fri	12:19	4.7	12:47	3.7	6:35	0.3	6:38	0.5	5:45	8:14	
28	Sat	1:09	4.6	1:41	3.8	7:27	0.3	7:37	0.5	5:45	8:15	
29	Sun	2:04	4.4	2:40	3.9	8:20	0.3	8:38	0.4	5:44	8:16	
30	Mon	3:03	4.3	3:42	4.2	9:14	0.1	9:41	0.3	5:44	8:16	
31	Tue	4:04	4.3	4:42	4.6	10:08	0.0	10:45	0.1	5:44	8:17	