
































## Sand Shoal Inlet, VA - Jun 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:03	4.3	5:39	5.0	11:04	-0.2	11:48	-0.1	5:43	8:18	
2	Thu	6:01	4.3	6:34	5.3	11:58	-0.4			5:43	8:18	
3	Fri	6:56	4.3	7:28	5.6	12:47	-0.3	12:52	-0.6	5:43	8:19	
4	Sat	7:50	4.3	8:20	5.7	1:43	-0.5	1:44	-0.7	5:42	8:20	
5	Sun	8:43	4.2	9:13	5.7	2:36	-0.6	2:35	-0.7	5:42	8:20	
6	Mon	9:36	4.1	10:04	5.5	3:28	-0.6	3:26	-0.6	5:42	8:21	
7	Tue	10:28	4.0	10:54	5.3	4:19	-0.5	4:17	-0.5	5:42	8:21	
8	Wed	11:19	3.9	11:43	4.9	5:10	-0.3	5:09	-0.2	5:42	8:22	
9	Thu			12:10	3.7	6:02	-0.2	6:03	0.0	5:42	8:22	
10	Fri	12:33	4.6	1:03	3.6	6:53	0.0	6:59	0.3	5:42	8:23	
11	Sat	1:23	4.2	1:57	3.6	7:44	0.2	7:56	0.5	5:41	8:23	
12	Sun	2:16	3.9	2:54	3.6	8:32	0.3	8:54	0.6	5:41	8:24	
13	Mon	3:10	3.6	3:51	3.7	9:20	0.4	9:51	0.7	5:41	8:24	
14	Tue	4:05	3.5	4:44	3.9	10:06	0.4	10:47	0.7	5:41	8:25	
15	Wed	4:56	3.4	5:31	4.1	10:51	0.4	11:39	0.6	5:42	8:25	
16	Thu	5:45	3.4	6:16	4.3	11:36	0.4			5:42	8:25	
17	Fri	6:30	3.5	6:59	4.6	12:27	0.5	12:19	0.3	5:42	8:26	
18	Sat	7:14	3.6	7:41	4.8	1:11	0.4	1:02	0.2	5:42	8:26	
19	Sun	7:58	3.7	8:23	4.9	1:52	0.3	1:44	0.1	5:42	8:26	
20	Mon	8:41	3.8	9:05	5.0	2:33	0.2	2:25	0.1	5:42	8:26	
21	Tue	9:24	3.8	9:47	5.1	3:14	0.2	3:07	0.1	5:42	8:27	
22	Wed	10:08	3.9	10:30	5.1	3:55	0.1	3:51	0.1	5:43	8:27	
23	Thu	10:52	3.9	11:13	5.0	4:39	0.1	4:37	0.1	5:43	8:27	
24	Fri	11:38	3.9	11:59	4.9	5:24	0.1	5:26	0.2	5:43	8:27	
25	Sat			12:27	4.0	6:12	0.1	6:21	0.3	5:44	8:27	
26	Sun	12:47	4.7	1:20	4.1	7:02	0.1	7:19	0.3	5:44	8:27	
27	Mon	1:40	4.4	2:18	4.2	7:54	0.0	8:21	0.3	5:44	8:27	
28	Tue	2:37	4.2	3:20	4.4	8:47	0.0	9:24	0.3	5:45	8:27	
29	Wed	3:39	4.0	4:22	4.7	9:42	-0.1	10:29	0.2	5:45	8:27	
30	Thu	4:40	3.9	5:21	5.0	10:39	-0.2	11:33	0.0	5:46	8:27	