

































Sand Shoal Inlet, VA - Aug 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:49	4.0			5:30	0.4	5:40	0.5	6:07	8:11	
2	Thu	12:07	4.4	12:33	4.1	6:11	0.5	6:29	0.6	6:08	8:10	
3	Fri	12:49	4.2	1:21	4.2	6:55	0.5	7:23	0.7	6:09	8:09	
4	Sat	1:37	4.0	2:14	4.3	7:43	0.5	8:22	0.7	6:10	8:08	
5	Sun	2:31	3.8	3:13	4.5	8:34	0.4	9:23	0.6	6:11	8:07	
6	Mon	3:32	3.7	4:15	4.8	9:30	0.3	10:26	0.5	6:12	8:05	
7	Tue	4:35	3.8	5:15	5.1	10:29	0.1	11:29	0.3	6:12	8:04	
8	Wed	5:35	3.9	6:13	5.4	11:29	-0.1			6:13	8:03	
9	Thu	6:33	4.1	7:09	5.7	12:29	0.1	12:28	-0.4	6:14	8:02	
10	Fri	7:30	4.3	8:04	5.8	1:25	-0.2	1:25	-0.6	6:15	8:01	
11	Sat	8:24	4.5	8:57	5.8	2:17	-0.4	2:20	-0.7	6:16	8:00	
12	Sun	9:18	4.7	9:48	5.7	3:07	-0.5	3:13	-0.7	6:17	7:59	
13	Mon	10:11	4.8	10:38	5.4	3:55	-0.5	4:06	-0.6	6:17	7:57	
14	Tue	11:02	4.8	11:27	5.0	4:44	-0.4	5:01	-0.4	6:18	7:56	
15	Wed	11:54	4.7			5:32	-0.3	5:57	-0.1	6:19	7:55	
16	Thu	12:16	4.6	12:46	4.6	6:22	-0.1	6:55	0.2	6:20	7:54	
17	Fri	1:06	4.1	1:41	4.4	7:13	0.1	7:55	0.4	6:21	7:53	
18	Sat	1:59	3.7	2:39	4.2	8:04	0.3	8:57	0.6	6:22	7:51	
19	Sun	2:57	3.4	3:41	4.2	8:57	0.5	10:00	0.8	6:22	7:50	
20	Mon	3:58	3.2	4:41	4.2	9:51	0.6	11:01	0.8	6:23	7:49	
21	Tue	4:56	3.2	5:34	4.3	10:45	0.6	11:56	0.8	6:24	7:47	
22	Wed	5:48	3.4	6:21	4.5	11:37	0.5			6:25	7:46	
23	Thu	6:34	3.5	7:04	4.6	12:41	0.7	12:24	0.5	6:26	7:45	
24	Fri	7:17	3.7	7:45	4.8	1:19	0.6	1:08	0.3	6:27	7:43	
25	Sat	7:58	3.9	8:24	4.9	1:54	0.5	1:49	0.3	6:27	7:42	
26	Sun	8:39	4.1	9:03	4.9	2:29	0.4	2:29	0.2	6:28	7:40	
27	Mon	9:19	4.3	9:41	4.9	3:04	0.4	3:09	0.2	6:29	7:39	
28	Tue	9:59	4.4	10:20	4.8	3:40	0.3	3:49	0.3	6:30	7:38	
29	Wed	10:39	4.5	10:58	4.6	4:16	0.3	4:31	0.3	6:31	7:36	
30	Thu	11:20	4.6	11:38	4.5	4:54	0.4	5:17	0.5	6:32	7:35	
31	Fri			12:03	4.6	5:35	0.4	6:06	0.6	6:32	7:33	