



## Sand Shoal Inlet, VA - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:44	4.4	9:15	5.8	2:37	-0.3	2:36	-0.6	6:07	8:11	☀
2	Fri	9:37	4.5	10:06	5.7	3:26	-0.4	3:29	-0.6	6:08	8:10	☀
3	Sat	10:30	4.6	10:57	5.5	4:15	-0.4	4:23	-0.5	6:09	8:09	☀
4	Sun	11:23	4.7	11:47	5.1	5:05	-0.4	5:19	-0.4	6:10	8:08	☀
5	Mon			12:17	4.7	5:55	-0.3	6:19	-0.1	6:10	8:07	☀
6	Tue	12:39	4.7	1:13	4.6	6:48	-0.2	7:21	0.1	6:11	8:06	☀
7	Wed	1:34	4.2	2:13	4.5	7:41	-0.1	8:25	0.3	6:12	8:05	☀
8	Thu	2:32	3.8	3:17	4.5	8:36	0.1	9:32	0.4	6:13	8:04	☀
9	Fri	3:35	3.5	4:21	4.5	9:32	0.2	10:39	0.5	6:14	8:02	☀
10	Sat	4:38	3.3	5:21	4.5	10:29	0.3	11:43	0.5	6:15	8:01	☀
11	Sun	5:37	3.3	6:14	4.6	11:25	0.3			6:16	8:00	☀
12	Mon	6:28	3.4	7:01	4.7	12:38	0.5	12:17	0.2	6:16	7:59	☀
13	Tue	7:13	3.5	7:43	4.7	1:23	0.4	1:04	0.2	6:17	7:58	☀
14	Wed	7:55	3.6	8:24	4.8	2:02	0.4	1:47	0.1	6:18	7:57	☀
15	Thu	8:36	3.8	9:03	4.8	2:37	0.3	2:27	0.1	6:19	7:55	☀
16	Fri	9:17	3.9	9:41	4.8	3:11	0.3	3:06	0.1	6:20	7:54	☀
17	Sat	9:57	4.0	10:19	4.7	3:45	0.3	3:46	0.2	6:21	7:53	☀
18	Sun	10:37	4.1	10:57	4.5	4:19	0.4	4:26	0.4	6:21	7:52	☀
19	Mon	11:16	4.2	11:35	4.3	4:55	0.5	5:08	0.5	6:22	7:50	☀
20	Tue	11:57	4.2			5:33	0.6	5:53	0.7	6:23	7:49	☀
21	Wed	12:14	4.1	12:40	4.2	6:12	0.6	6:41	0.8	6:24	7:48	☀
22	Thu	12:56	3.9	1:27	4.3	6:55	0.7	7:34	0.9	6:25	7:46	☀
23	Fri	1:43	3.7	2:20	4.3	7:43	0.7	8:32	0.9	6:26	7:45	☀
24	Sat	2:39	3.6	3:20	4.5	8:35	0.7	9:32	0.9	6:26	7:44	☀
25	Sun	3:40	3.5	4:21	4.7	9:33	0.6	10:34	0.7	6:27	7:42	☀
26	Mon	4:42	3.7	5:21	5.1	10:32	0.4	11:34	0.5	6:28	7:41	☀
27	Tue	5:41	3.9	6:17	5.4	11:33	0.1			6:29	7:39	☀
28	Wed	6:37	4.2	7:11	5.6	12:31	0.2	12:31	-0.2	6:30	7:38	☀
29	Thu	7:31	4.5	8:04	5.8	1:23	0.0	1:27	-0.4	6:31	7:37	☀
30	Fri	8:24	4.8	8:55	5.8	2:13	-0.3	2:21	-0.6	6:31	7:35	☀
31	Sat	9:17	5.1	9:45	5.7	3:01	-0.4	3:14	-0.7	6:32	7:34	☀