
































Sand Shoal Inlet, VA - Nov 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:52	5.1			5:13	0.0	6:13	0.3	7:27	6:05	
2	Sat	12:14	3.6	12:43	4.7	6:05	0.3	7:10	0.5	7:28	6:04	
3	Sun	1:07	3.3	12:38	4.4	6:01	0.5	7:08	0.7	6:29	5:03	
4	Mon	1:05	3.2	1:37	4.1	6:59	0.7	8:05	0.8	6:30	5:02	
5	Tue	2:09	3.2	2:38	4.0	7:59	0.8	8:59	0.8	6:31	5:01	
6	Wed	3:11	3.3	3:35	4.0	8:58	0.8	9:46	0.7	6:32	5:00	
7	Thu	4:04	3.6	4:23	4.0	9:54	0.8	10:28	0.6	6:33	4:59	
8	Fri	4:50	3.9	5:07	4.1	10:45	0.6	11:06	0.5	6:34	4:58	
9	Sat	5:31	4.2	5:48	4.1	11:31	0.5	11:43	0.4	6:35	4:57	
10	Sun	6:11	4.5	6:27	4.2			12:13	0.4	6:36	4:57	
11	Mon	6:50	4.8	7:07	4.2	12:20	0.3	12:55	0.3	6:38	4:56	
12	Tue	7:30	5.0	7:48	4.1	12:57	0.2	1:35	0.2	6:39	4:55	
13	Wed	8:10	5.1	8:29	4.1	1:35	0.1	2:17	0.2	6:40	4:54	
14	Thu	8:52	5.2	9:11	3.9	2:13	0.1	3:00	0.2	6:41	4:53	
15	Fri	9:35	5.2	9:55	3.8	2:55	0.1	3:46	0.3	6:42	4:53	
16	Sat	10:21	5.1	10:42	3.7	3:39	0.2	4:36	0.3	6:43	4:52	
17	Sun	11:10	5.0	11:34	3.6	4:29	0.3	5:31	0.4	6:44	4:51	
18	Mon			12:05	4.8	5:26	0.4	6:28	0.4	6:45	4:51	
19	Tue	12:33	3.6	1:04	4.7	6:28	0.4	7:26	0.3	6:46	4:50	
20	Wed	1:38	3.6	2:07	4.6	7:33	0.4	8:24	0.2	6:47	4:50	
21	Thu	2:45	3.9	3:11	4.5	8:40	0.3	9:20	0.0	6:48	4:49	
22	Fri	3:48	4.2	4:10	4.4	9:45	0.1	10:14	-0.2	6:49	4:48	
23	Sat	4:45	4.6	5:05	4.4	10:48	-0.1	11:06	-0.4	6:50	4:48	
24	Sun	5:38	5.0	5:58	4.3	11:47	-0.3	11:55	-0.5	6:51	4:48	
25	Mon	6:29	5.3	6:48	4.2			12:41	-0.4	6:52	4:47	
26	Tue	7:17	5.4	7:36	4.1	12:42	-0.6	1:32	-0.5	6:53	4:47	
27	Wed	8:05	5.4	8:24	3.9	1:28	-0.6	2:20	-0.4	6:54	4:46	
28	Thu	8:52	5.3	9:11	3.7	2:13	-0.5	3:08	-0.3	6:55	4:46	
29	Fri	9:39	5.1	9:58	3.5	2:59	-0.3	3:56	-0.1	6:56	4:46	
30	Sat	10:26	4.8	10:46	3.4	3:46	-0.1	4:45	0.1	6:57	4:46	