
































## Sand Shoal Inlet, VA - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:13	4.5	11:35	3.2	4:34	0.1	5:36	0.3	6:58	4:45	
2	Mon			12:02	4.2	5:26	0.4	6:26	0.5	6:59	4:45	
3	Tue	12:27	3.1	12:53	3.9	6:20	0.6	7:16	0.6	7:00	4:45	
4	Wed	1:24	3.1	1:47	3.7	7:17	0.7	8:04	0.6	7:01	4:45	
5	Thu	2:23	3.2	2:42	3.6	8:14	0.7	8:50	0.6	7:01	4:45	
6	Fri	3:19	3.5	3:34	3.6	9:10	0.7	9:34	0.5	7:02	4:45	
7	Sat	4:09	3.8	4:23	3.6	10:04	0.6	10:18	0.4	7:03	4:45	
8	Sun	4:54	4.1	5:08	3.6	10:55	0.5	11:00	0.2	7:04	4:45	
9	Mon	5:38	4.4	5:52	3.7	11:43	0.3	11:43	0.1	7:05	4:45	
10	Tue	6:20	4.7	6:35	3.8			12:28	0.2	7:06	4:45	
11	Wed	7:03	4.9	7:19	3.8	12:25	-0.1	1:12	0.0	7:06	4:45	
12	Thu	7:47	5.1	8:04	3.8	1:07	-0.2	1:57	-0.1	7:07	4:45	
13	Fri	8:32	5.2	8:50	3.8	1:50	-0.3	2:42	-0.1	7:08	4:46	
14	Sat	9:18	5.2	9:37	3.7	2:35	-0.3	3:30	-0.1	7:09	4:46	
15	Sun	10:06	5.2	10:27	3.7	3:23	-0.3	4:20	-0.1	7:09	4:46	
16	Mon	10:55	5.0	11:20	3.6	4:15	-0.2	5:12	-0.1	7:10	4:46	
17	Tue	11:48	4.8			5:13	-0.1	6:07	0.0	7:11	4:47	
18	Wed	12:17	3.6	12:44	4.5	6:14	0.0	7:02	-0.1	7:11	4:47	
19	Thu	1:20	3.7	1:44	4.2	7:19	0.1	7:58	-0.1	7:12	4:48	
20	Fri	2:25	3.9	2:46	3.9	8:25	0.1	8:53	-0.2	7:12	4:48	
21	Sat	3:29	4.2	3:47	3.8	9:32	0.0	9:48	-0.3	7:13	4:48	
22	Sun	4:28	4.5	4:45	3.6	10:37	-0.1	10:42	-0.4	7:13	4:49	
23	Mon	5:23	4.7	5:38	3.6	11:37	-0.2	11:33	-0.5	7:14	4:49	
24	Tue	6:13	4.9	6:28	3.5			12:31	-0.3	7:14	4:50	
25	Wed	7:01	5.0	7:17	3.5	12:22	-0.6	1:19	-0.4	7:15	4:51	
26	Thu	7:48	5.0	8:03	3.4	1:08	-0.6	2:05	-0.4	7:15	4:51	
27	Fri	8:33	4.9	8:49	3.4	1:53	-0.6	2:49	-0.3	7:15	4:52	
28	Sat	9:17	4.7	9:33	3.3	2:37	-0.5	3:32	-0.2	7:16	4:53	
29	Sun	10:01	4.5	10:18	3.3	3:20	-0.3	4:15	0.0	7:16	4:53	
30	Mon	10:43	4.3	11:02	3.2	4:05	-0.1	4:58	0.1	7:16	4:54	
31	Tue	11:27	4.0	11:50	3.1	4:52	0.1	5:42	0.2	7:16	4:55	