

































Sand Shoal Inlet, VA - Mar 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:04	3.8	12:23	3.2	6:12	0.5	6:19	0.5	6:33	5:57	
2	Mon	12:54	3.8	1:14	3.0	7:06	0.6	7:10	0.5	6:31	5:58	
3	Tue	1:52	3.8	2:14	3.0	8:05	0.6	8:07	0.4	6:30	5:59	
4	Wed	2:55	4.0	3:16	3.1	9:07	0.6	9:07	0.2	6:28	6:00	
5	Thu	3:57	4.3	4:17	3.3	10:09	0.4	10:08	0.0	6:27	6:01	
6	Fri	4:55	4.6	5:14	3.6	11:07	0.2	11:08	-0.3	6:26	6:02	
7	Sat	5:50	4.9	6:07	4.0			12:00	-0.1	6:24	6:03	
8	Sun	7:42	5.1	7:59	4.3	12:04	-0.6	1:49	-0.4	7:23	7:04	
9	Mon	8:32	5.3	8:51	4.7	1:58	-0.9	2:36	-0.7	7:21	7:05	
10	Tue	9:21	5.2	9:41	4.9	2:50	-1.0	3:22	-0.8	7:20	7:06	
11	Wed	10:10	5.0	10:32	5.0	3:42	-1.0	4:08	-0.8	7:18	7:07	
12	Thu	10:59	4.7	11:23	5.0	4:35	-0.9	4:56	-0.7	7:17	7:07	
13	Fri	11:48	4.3			5:31	-0.7	5:45	-0.5	7:15	7:08	
14	Sat	12:15	4.8	12:39	3.8	6:29	-0.4	6:38	-0.3	7:14	7:09	
15	Sun	1:10	4.6	1:34	3.4	7:30	-0.1	7:34	-0.1	7:12	7:10	
16	Mon	2:11	4.3	2:36	3.1	8:35	0.2	8:34	0.1	7:11	7:11	
17	Tue	3:19	4.0	3:44	2.9	9:43	0.3	9:37	0.2	7:09	7:12	
18	Wed	4:30	3.9	4:53	2.9	10:52	0.4	10:42	0.2	7:08	7:13	
19	Thu	5:35	3.9	5:51	3.1	11:54	0.4	11:42	0.2	7:06	7:14	
20	Fri	6:27	4.0	6:38	3.3			12:42	0.3	7:05	7:15	
21	Sat	7:10	4.1	7:19	3.5	12:34	0.1	1:20	0.2	7:03	7:16	
22	Sun	7:49	4.1	7:58	3.7	1:18	-0.1	1:53	0.2	7:02	7:17	
23	Mon	8:26	4.2	8:36	4.0	1:58	-0.1	2:25	0.1	7:00	7:18	
24	Tue	9:02	4.2	9:14	4.1	2:36	-0.2	2:56	0.1	6:59	7:18	
25	Wed	9:39	4.1	9:52	4.3	3:13	-0.1	3:29	0.1	6:57	7:19	
26	Thu	10:15	4.0	10:30	4.3	3:51	-0.1	4:02	0.2	6:56	7:20	
27	Fri	10:52	3.8	11:08	4.3	4:30	0.1	4:37	0.3	6:54	7:21	
28	Sat	11:30	3.7	11:47	4.3	5:11	0.2	5:14	0.4	6:53	7:22	
29	Sun			12:09	3.5	5:55	0.4	5:56	0.5	6:51	7:23	
30	Mon	12:30	4.2	12:52	3.3	6:44	0.5	6:43	0.5	6:50	7:24	
31	Tue	1:20	4.2	1:43	3.2	7:39	0.6	7:37	0.6	6:48	7:25	