
































Sand Shoal Inlet, VA - Jun 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:33	4.3	5:10	4.6	10:37	-0.1	11:14	0.0	5:43	8:18	
2	Tue	5:31	4.2	6:05	5.0	11:30	-0.3			5:43	8:18	
3	Wed	6:26	4.1	6:58	5.3	12:16	-0.2	12:22	-0.4	5:43	8:19	
4	Thu	7:19	4.1	7:50	5.5	1:14	-0.4	1:12	-0.5	5:42	8:20	
5	Fri	8:11	4.0	8:40	5.6	2:08	-0.5	2:02	-0.6	5:42	8:20	
6	Sat	9:02	3.9	9:31	5.5	2:59	-0.5	2:50	-0.5	5:42	8:21	
7	Sun	9:53	3.8	10:20	5.3	3:49	-0.4	3:39	-0.4	5:42	8:21	
8	Mon	10:42	3.6	11:09	5.0	4:39	-0.2	4:28	-0.2	5:42	8:22	
9	Tue	11:31	3.5	11:57	4.7	5:29	0.0	5:19	0.0	5:42	8:22	
10	Wed			12:21	3.4	6:19	0.2	6:12	0.3	5:42	8:23	
11	Thu	12:46	4.4	1:13	3.3	7:09	0.3	7:07	0.5	5:41	8:23	
12	Fri	1:36	4.1	2:07	3.3	7:58	0.5	8:03	0.6	5:41	8:24	
13	Sat	2:28	3.8	3:04	3.4	8:44	0.5	9:00	0.7	5:41	8:24	
14	Sun	3:22	3.6	3:59	3.6	9:29	0.6	9:56	0.8	5:41	8:25	
15	Mon	4:15	3.5	4:50	3.8	10:13	0.6	10:51	0.7	5:42	8:25	
16	Tue	5:05	3.4	5:37	4.1	10:56	0.5	11:44	0.6	5:42	8:25	
17	Wed	5:52	3.5	6:21	4.4	11:40	0.4			5:42	8:26	
18	Thu	6:37	3.5	7:04	4.7	12:32	0.5	12:23	0.3	5:42	8:26	
19	Fri	7:21	3.6	7:47	4.9	1:17	0.4	1:06	0.2	5:42	8:26	
20	Sat	8:05	3.6	8:30	5.1	2:00	0.3	1:49	0.1	5:42	8:26	
21	Sun	8:49	3.7	9:14	5.2	2:43	0.2	2:32	0.1	5:43	8:27	
22	Mon	9:34	3.7	9:59	5.2	3:26	0.1	3:16	0.0	5:43	8:27	
23	Tue	10:20	3.7	10:45	5.2	4:11	0.1	4:02	0.0	5:43	8:27	
24	Wed	11:07	3.8	11:32	5.1	4:58	0.1	4:51	0.1	5:43	8:27	
25	Thu	11:57	3.8			5:47	0.1	5:45	0.1	5:44	8:27	
26	Fri	12:20	4.9	12:50	3.9	6:37	0.1	6:44	0.2	5:44	8:27	
27	Sat	1:12	4.7	1:47	4.0	7:29	0.1	7:46	0.3	5:44	8:27	
28	Sun	2:08	4.4	2:48	4.2	8:22	0.0	8:50	0.3	5:45	8:27	
29	Mon	3:08	4.1	3:50	4.4	9:15	0.0	9:55	0.2	5:45	8:27	
30	Tue	4:09	3.9	4:51	4.7	10:09	-0.1	11:01	0.2	5:46	8:27	