

































Sand Shoal Inlet, VA - Aug 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:46	3.5	7:22	5.1	12:53	0.2	12:37	-0.1	6:08	8:10	
2	Sun	7:37	3.6	8:10	5.1	1:44	0.1	1:28	-0.2	6:09	8:09	
3	Mon	8:24	3.7	8:55	5.0	2:28	0.1	2:15	-0.2	6:09	8:08	
4	Tue	9:10	3.8	9:38	5.0	3:09	0.1	3:00	-0.1	6:10	8:07	
5	Wed	9:53	3.9	10:19	4.8	3:48	0.1	3:43	0.0	6:11	8:06	
6	Thu	10:36	3.9	10:59	4.6	4:26	0.2	4:26	0.1	6:12	8:05	
7	Fri	11:18	4.0	11:38	4.3	5:04	0.3	5:10	0.3	6:13	8:04	
8	Sat			12:00	4.0	5:42	0.4	5:56	0.5	6:14	8:03	
9	Sun	12:19	4.1	12:44	4.0	6:21	0.5	6:44	0.7	6:14	8:02	
10	Mon	1:01	3.8	1:31	4.0	7:03	0.7	7:36	0.9	6:15	8:00	
11	Tue	1:47	3.5	2:22	4.0	7:46	0.8	8:30	1.0	6:16	7:59	
12	Wed	2:39	3.4	3:18	4.1	8:34	0.8	9:26	1.0	6:17	7:58	
13	Thu	3:35	3.3	4:15	4.3	9:24	0.8	10:24	1.0	6:18	7:57	
14	Fri	4:33	3.3	5:10	4.5	10:18	0.7	11:21	0.9	6:19	7:56	
15	Sat	5:27	3.5	6:03	4.8	11:13	0.5			6:20	7:54	
16	Sun	6:19	3.7	6:52	5.1	12:15	0.7	12:07	0.3	6:20	7:53	
17	Mon	7:09	4.0	7:41	5.4	1:05	0.4	12:59	0.0	6:21	7:52	
18	Tue	7:58	4.2	8:29	5.6	1:52	0.2	1:50	-0.2	6:22	7:51	
19	Wed	8:47	4.5	9:16	5.6	2:37	0.0	2:40	-0.3	6:23	7:49	
20	Thu	9:37	4.7	10:04	5.6	3:22	-0.2	3:30	-0.4	6:24	7:48	
21	Fri	10:27	4.9	10:52	5.3	4:08	-0.3	4:23	-0.3	6:25	7:47	
22	Sat	11:17	5.0	11:40	5.0	4:54	-0.3	5:17	-0.2	6:25	7:45	
23	Sun			12:09	5.0	5:43	-0.2	6:16	0.0	6:26	7:44	
24	Mon	12:31	4.5	1:05	5.0	6:34	-0.1	7:18	0.2	6:27	7:42	
25	Tue	1:25	4.1	2:05	4.9	7:28	0.1	8:23	0.4	6:28	7:41	
26	Wed	2:26	3.7	3:10	4.8	8:26	0.2	9:31	0.5	6:29	7:40	
27	Thu	3:32	3.5	4:18	4.7	9:26	0.3	10:40	0.6	6:30	7:38	
28	Fri	4:40	3.4	5:23	4.8	10:28	0.3	11:45	0.5	6:30	7:37	
29	Sat	5:42	3.4	6:19	4.8	11:29	0.3			6:31	7:35	
30	Sun	6:35	3.6	7:08	4.9	12:41	0.4	12:25	0.2	6:32	7:34	
31	Mon	7:22	3.8	7:52	4.9	1:27	0.3	1:15	0.1	6:33	7:33	