

Sand Shoal Inlet, VA - Jan 2021

| Date | | High | | | | Low | | | | ☀️ | | 🌙 |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 9:26 | 4.9 | 9:42 | 3.4 | 2:41 | -0.2 | 3:36 | 0.0 | 7:17 | 4:56 | ☉ |
| 2 | Sat | 10:10 | 4.8 | 10:28 | 3.5 | 3:26 | -0.2 | 4:21 | 0.0 | 7:17 | 4:57 | ☉ |
| 3 | Sun | 10:54 | 4.7 | 11:17 | 3.5 | 4:15 | -0.1 | 5:08 | 0.0 | 7:17 | 4:58 | ☾ |
| 4 | Mon | 11:42 | 4.4 | | | 5:10 | -0.1 | 5:57 | -0.1 | 7:17 | 4:59 | ☾ |
| 5 | Tue | 12:10 | 3.6 | 12:33 | 4.1 | 6:09 | 0.0 | 6:48 | -0.1 | 7:17 | 4:59 | ☾ |
| 6 | Wed | 1:09 | 3.8 | 1:30 | 3.8 | 7:11 | 0.1 | 7:40 | -0.2 | 7:17 | 5:00 | ☾ |
| 7 | Thu | 2:11 | 4.0 | 2:31 | 3.6 | 8:17 | 0.1 | 8:34 | -0.2 | 7:17 | 5:01 | ☾ |
| 8 | Fri | 3:15 | 4.3 | 3:33 | 3.4 | 9:24 | 0.0 | 9:31 | -0.4 | 7:17 | 5:02 | ☾ |
| 9 | Sat | 4:16 | 4.5 | 4:34 | 3.3 | 10:30 | -0.1 | 10:28 | -0.5 | 7:17 | 5:03 | ☾ |
| 10 | Sun | 5:15 | 4.8 | 5:31 | 3.3 | 11:33 | -0.2 | 11:25 | -0.6 | 7:17 | 5:04 | ☾ |
| 11 | Mon | 6:10 | 5.0 | 6:26 | 3.4 | | | 12:30 | -0.4 | 7:16 | 5:05 | ☾ |
| 12 | Tue | 7:03 | 5.1 | 7:18 | 3.4 | 12:19 | -0.7 | 1:22 | -0.5 | 7:16 | 5:06 | ☾ |
| 13 | Wed | 7:54 | 5.1 | 8:09 | 3.4 | 1:10 | -0.8 | 2:10 | -0.5 | 7:16 | 5:07 | ☾ |
| 14 | Thu | 8:43 | 5.0 | 8:57 | 3.5 | 1:59 | -0.8 | 2:56 | -0.4 | 7:16 | 5:08 | ☾ |
| 15 | Fri | 9:29 | 4.8 | 9:44 | 3.4 | 2:47 | -0.7 | 3:41 | -0.3 | 7:15 | 5:09 | ☾ |
| 16 | Sat | 10:13 | 4.5 | 10:31 | 3.4 | 3:35 | -0.5 | 4:25 | -0.2 | 7:15 | 5:10 | ☾ |
| 17 | Sun | 10:57 | 4.2 | 11:17 | 3.3 | 4:23 | -0.3 | 5:09 | -0.1 | 7:15 | 5:11 | ☾ |
| 18 | Mon | 11:40 | 3.8 | | | 5:13 | 0.0 | 5:52 | 0.1 | 7:14 | 5:12 | ☾ |
| 19 | Tue | 12:04 | 3.3 | 12:25 | 3.5 | 6:05 | 0.2 | 6:34 | 0.2 | 7:14 | 5:13 | ☾ |
| 20 | Wed | 12:55 | 3.3 | 1:13 | 3.2 | 6:58 | 0.4 | 7:18 | 0.3 | 7:13 | 5:14 | ☾ |
| 21 | Thu | 1:49 | 3.3 | 2:05 | 2.9 | 7:54 | 0.6 | 8:04 | 0.4 | 7:13 | 5:15 | ☾ |
| 22 | Fri | 2:45 | 3.4 | 3:00 | 2.8 | 8:51 | 0.6 | 8:52 | 0.4 | 7:12 | 5:16 | ☾ |
| 23 | Sat | 3:41 | 3.6 | 3:55 | 2.8 | 9:49 | 0.6 | 9:42 | 0.3 | 7:12 | 5:17 | ☾ |
| 24 | Sun | 4:33 | 3.8 | 4:46 | 2.9 | 10:45 | 0.5 | 10:33 | 0.2 | 7:11 | 5:19 | ☾ |
| 25 | Mon | 5:22 | 4.1 | 5:34 | 3.0 | 11:35 | 0.4 | 11:22 | 0.0 | 7:10 | 5:20 | ☉ |
| 26 | Tue | 6:09 | 4.4 | 6:21 | 3.2 | | | 12:21 | 0.2 | 7:10 | 5:21 | ☉ |
| 27 | Wed | 6:54 | 4.6 | 7:06 | 3.4 | 12:09 | -0.2 | 1:05 | 0.1 | 7:09 | 5:22 | ☉ |
| 28 | Thu | 7:38 | 4.8 | 7:51 | 3.5 | 12:54 | -0.4 | 1:47 | -0.1 | 7:08 | 5:23 | ☉ |
| 29 | Fri | 8:22 | 4.9 | 8:36 | 3.7 | 1:39 | -0.5 | 2:28 | -0.2 | 7:08 | 5:24 | ☉ |
| 30 | Sat | 9:06 | 5.0 | 9:22 | 3.8 | 2:24 | -0.6 | 3:11 | -0.3 | 7:07 | 5:25 | ☉ |
| 31 | Sun | 9:49 | 4.9 | 10:08 | 4.0 | 3:12 | -0.6 | 3:54 | -0.4 | 7:06 | 5:26 | ☉ |