

































Sand Shoal Inlet, VA - Jan 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:21	5.4	6:39	3.6			12:40	-0.5	7:17	4:56	
2	Sun	7:15	5.5	7:33	3.7	12:31	-0.8	1:34	-0.6	7:17	4:57	
3	Mon	8:10	5.5	8:27	3.7	1:24	-1.0	2:26	-0.6	7:17	4:58	
4	Tue	9:03	5.4	9:21	3.7	2:17	-1.0	3:17	-0.6	7:17	4:58	
5	Wed	9:54	5.2	10:14	3.6	3:11	-0.8	4:08	-0.5	7:17	4:59	
6	Thu	10:44	4.8	11:06	3.6	4:05	-0.6	4:59	-0.4	7:17	5:00	
7	Fri	11:34	4.3			5:01	-0.4	5:50	-0.2	7:17	5:01	
8	Sat	12:00	3.5	12:24	3.9	6:00	-0.1	6:39	-0.1	7:17	5:02	
9	Sun	12:57	3.4	1:16	3.5	7:00	0.1	7:27	0.0	7:17	5:03	
10	Mon	1:55	3.4	2:10	3.1	8:01	0.3	8:15	0.1	7:17	5:04	
11	Tue	2:55	3.5	3:06	2.9	9:03	0.4	9:02	0.2	7:16	5:05	
12	Wed	3:50	3.6	4:00	2.8	10:04	0.5	9:50	0.2	7:16	5:06	
13	Thu	4:40	3.8	4:50	2.8	11:00	0.4	10:38	0.2	7:16	5:07	
14	Fri	5:27	4.0	5:36	2.9	11:48	0.4	11:24	0.1	7:16	5:08	
15	Sat	6:10	4.2	6:20	3.0			12:30	0.3	7:15	5:09	
16	Sun	6:53	4.3	7:02	3.1	12:08	0.0	1:08	0.2	7:15	5:10	
17	Mon	7:35	4.4	7:44	3.2	12:50	-0.1	1:45	0.1	7:15	5:11	
18	Tue	8:16	4.5	8:26	3.3	1:30	-0.2	2:22	0.1	7:14	5:12	
19	Wed	8:55	4.6	9:07	3.4	2:10	-0.2	3:00	0.1	7:14	5:13	
20	Thu	9:34	4.5	9:48	3.4	2:51	-0.2	3:39	0.0	7:13	5:14	
21	Fri	10:13	4.4	10:30	3.5	3:33	-0.2	4:18	0.0	7:13	5:15	
22	Sat	10:53	4.3	11:15	3.6	4:19	-0.1	5:00	0.0	7:12	5:16	
23	Sun	11:36	4.0			5:10	0.0	5:44	0.0	7:12	5:17	
24	Mon	12:04	3.8	12:23	3.7	6:06	0.1	6:31	0.0	7:11	5:18	
25	Tue	12:58	3.9	1:17	3.5	7:07	0.2	7:23	-0.1	7:11	5:19	
26	Wed	1:59	4.1	2:19	3.2	8:11	0.2	8:19	-0.1	7:10	5:20	
27	Thu	3:04	4.3	3:23	3.1	9:18	0.1	9:18	-0.3	7:09	5:22	
28	Fri	4:08	4.6	4:27	3.2	10:26	0.0	10:20	-0.4	7:08	5:23	
29	Sat	5:10	4.8	5:27	3.3	11:30	-0.2	11:21	-0.6	7:08	5:24	
30	Sun	6:08	5.0	6:25	3.4			12:28	-0.4	7:07	5:25	
31	Mon	7:04	5.2	7:19	3.6	12:19	-0.8	1:20	-0.5	7:06	5:26	