

































Sand Shoal Inlet, VA - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:51	4.9	7:05	3.8	12:09	-0.7	1:02	-0.4	6:33	5:57	
2	Wed	7:39	4.9	7:54	4.0	1:02	-0.8	1:45	-0.5	6:32	5:57	
3	Thu	8:25	4.7	8:40	4.2	1:52	-0.8	2:27	-0.5	6:30	5:58	
4	Fri	9:07	4.5	9:24	4.3	2:39	-0.7	3:06	-0.5	6:29	5:59	
5	Sat	9:49	4.2	10:07	4.2	3:25	-0.6	3:45	-0.3	6:28	6:00	
6	Sun	10:30	3.9	10:50	4.1	4:11	-0.3	4:25	-0.1	6:26	6:01	
7	Mon	11:11	3.5	11:34	4.0	4:58	0.0	5:06	0.1	6:25	6:02	
8	Tue	11:54	3.2			5:48	0.2	5:49	0.3	6:23	6:03	
9	Wed	12:22	3.8	12:42	2.9	6:40	0.5	6:37	0.5	6:22	6:04	
10	Thu	1:16	3.6	1:36	2.7	7:35	0.7	7:29	0.6	6:20	6:05	
11	Fri	2:17	3.6	2:37	2.7	8:34	0.8	8:26	0.6	6:19	6:06	
12	Sat	3:21	3.6	3:38	2.8	9:35	0.8	9:25	0.5	6:18	6:07	
13	Sun	5:20	3.8	5:33	3.0	11:31	0.8	11:21	0.4	7:16	7:08	
14	Mon	6:11	4.0	6:22	3.3			12:19	0.6	7:15	7:09	
15	Tue	6:56	4.3	7:07	3.6	12:13	0.2	1:01	0.4	7:13	7:10	
16	Wed	7:38	4.5	7:50	3.9	1:00	0.0	1:40	0.2	7:12	7:11	
17	Thu	8:19	4.6	8:33	4.2	1:45	-0.2	2:18	0.0	7:10	7:12	
18	Fri	9:00	4.6	9:15	4.5	2:29	-0.4	2:55	-0.2	7:09	7:13	
19	Sat	9:41	4.6	9:58	4.7	3:14	-0.4	3:34	-0.3	7:07	7:13	
20	Sun	10:23	4.4	10:42	4.9	3:59	-0.4	4:14	-0.3	7:06	7:14	
21	Mon	11:06	4.2	11:29	4.9	4:48	-0.4	4:57	-0.2	7:04	7:15	
22	Tue	11:52	3.9			5:40	-0.2	5:45	-0.1	7:03	7:16	
23	Wed	12:19	4.8	12:42	3.5	6:37	0.0	6:38	0.0	7:01	7:17	
24	Thu	1:16	4.7	1:40	3.3	7:39	0.2	7:37	0.1	7:00	7:18	
25	Fri	2:20	4.5	2:46	3.1	8:45	0.3	8:42	0.1	6:58	7:19	
26	Sat	3:31	4.4	3:58	3.1	9:54	0.3	9:51	0.1	6:57	7:20	
27	Sun	4:43	4.4	5:08	3.3	11:01	0.3	10:59	0.0	6:55	7:21	
28	Mon	5:47	4.5	6:08	3.6			12:01	0.1	6:54	7:22	
29	Tue	6:43	4.5	7:01	3.9	12:03	-0.2	12:52	-0.1	6:52	7:22	
30	Wed	7:32	4.5	7:48	4.2	1:00	-0.4	1:36	-0.2	6:51	7:23	
31	Thu	8:16	4.5	8:33	4.4	1:51	-0.5	2:16	-0.3	6:49	7:24	