



Sand Shoal Inlet, VA - May 2022

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 9:09 | 3.8 | 9:27 | 4.8 | 3:01 | -0.1 | 2:55 | 0.0 | 6:07 | 7:52 | ☀ |
| 2 | Mon | 9:49 | 3.6 | 10:07 | 4.8 | 3:41 | -0.1 | 3:31 | 0.1 | 6:06 | 7:53 | ☀ |
| 3 | Tue | 10:29 | 3.5 | 10:48 | 4.6 | 4:21 | 0.1 | 4:09 | 0.2 | 6:05 | 7:54 | ☀ |
| 4 | Wed | 11:10 | 3.4 | 11:30 | 4.5 | 5:02 | 0.3 | 4:49 | 0.4 | 6:04 | 7:55 | ☀ |
| 5 | Thu | 11:52 | 3.2 | | | 5:46 | 0.5 | 5:33 | 0.6 | 6:03 | 7:56 | ☀ |
| 6 | Fri | 12:15 | 4.3 | 12:37 | 3.1 | 6:33 | 0.7 | 6:21 | 0.7 | 6:02 | 7:57 | ☀ |
| 7 | Sat | 1:03 | 4.1 | 1:27 | 3.0 | 7:23 | 0.8 | 7:14 | 0.8 | 6:01 | 7:57 | ☀ |
| 8 | Sun | 1:55 | 4.0 | 2:22 | 3.1 | 8:14 | 0.9 | 8:11 | 0.8 | 6:00 | 7:58 | ☀ |
| 9 | Mon | 2:52 | 3.9 | 3:21 | 3.2 | 9:05 | 0.8 | 9:09 | 0.8 | 5:59 | 7:59 | ☀ |
| 10 | Tue | 3:48 | 3.9 | 4:18 | 3.5 | 9:55 | 0.7 | 10:08 | 0.7 | 5:58 | 8:00 | ☀ |
| 11 | Wed | 4:42 | 4.0 | 5:11 | 3.9 | 10:43 | 0.5 | 11:05 | 0.5 | 5:57 | 8:01 | ☀ |
| 12 | Thu | 5:33 | 4.1 | 6:00 | 4.4 | 11:30 | 0.3 | | | 5:56 | 8:02 | ☀ |
| 13 | Fri | 6:21 | 4.2 | 6:47 | 4.9 | 12:01 | 0.2 | 12:16 | 0.1 | 5:55 | 8:03 | ☀ |
| 14 | Sat | 7:09 | 4.3 | 7:34 | 5.3 | 12:55 | -0.1 | 1:02 | -0.2 | 5:54 | 8:04 | ☀ |
| 15 | Sun | 7:58 | 4.3 | 8:23 | 5.6 | 1:47 | -0.3 | 1:48 | -0.3 | 5:54 | 8:04 | ☀ |
| 16 | Mon | 8:47 | 4.2 | 9:13 | 5.8 | 2:37 | -0.4 | 2:34 | -0.4 | 5:53 | 8:05 | ☀ |
| 17 | Tue | 9:38 | 4.1 | 10:04 | 5.8 | 3:29 | -0.5 | 3:23 | -0.4 | 5:52 | 8:06 | ☀ |
| 18 | Wed | 10:29 | 3.9 | 10:57 | 5.6 | 4:21 | -0.4 | 4:14 | -0.4 | 5:51 | 8:07 | ☀ |
| 19 | Thu | 11:23 | 3.8 | 11:53 | 5.4 | 5:17 | -0.3 | 5:09 | -0.2 | 5:50 | 8:08 | ☀ |
| 20 | Fri | | | 12:19 | 3.6 | 6:15 | -0.1 | 6:09 | -0.1 | 5:50 | 8:09 | ☀ |
| 21 | Sat | 12:50 | 5.0 | 1:20 | 3.5 | 7:16 | 0.1 | 7:14 | 0.1 | 5:49 | 8:09 | ☀ |
| 22 | Sun | 1:51 | 4.7 | 2:26 | 3.5 | 8:16 | 0.1 | 8:20 | 0.2 | 5:48 | 8:10 | ☀ |
| 23 | Mon | 2:56 | 4.3 | 3:35 | 3.6 | 9:15 | 0.2 | 9:28 | 0.3 | 5:48 | 8:11 | ☀ |
| 24 | Tue | 4:01 | 4.1 | 4:40 | 3.8 | 10:10 | 0.2 | 10:35 | 0.3 | 5:47 | 8:12 | ☀ |
| 25 | Wed | 5:00 | 3.9 | 5:35 | 4.1 | 11:01 | 0.2 | 11:38 | 0.3 | 5:47 | 8:13 | ☀ |
| 26 | Thu | 5:51 | 3.7 | 6:21 | 4.3 | 11:47 | 0.1 | | | 5:46 | 8:13 | ☀ |
| 27 | Fri | 6:37 | 3.6 | 7:03 | 4.5 | 12:33 | 0.2 | 12:29 | 0.1 | 5:46 | 8:14 | ☀ |
| 28 | Sat | 7:19 | 3.5 | 7:43 | 4.7 | 1:21 | 0.1 | 1:08 | 0.1 | 5:45 | 8:15 | ☀ |
| 29 | Sun | 8:00 | 3.5 | 8:22 | 4.8 | 2:03 | 0.1 | 1:46 | 0.1 | 5:45 | 8:15 | ☀ |
| 30 | Mon | 8:41 | 3.4 | 9:02 | 4.8 | 2:42 | 0.1 | 2:24 | 0.1 | 5:44 | 8:16 | ☀ |
| 31 | Tue | 9:22 | 3.4 | 9:43 | 4.8 | 3:20 | 0.2 | 3:02 | 0.2 | 5:44 | 8:17 | ☀ |