

































## Sand Shoal Inlet, VA - Aug 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:15	4.0	11:34	4.6	4:59	0.4	5:02	0.4	6:07	8:11	
2	Tue	11:57	4.1			5:37	0.4	5:50	0.5	6:08	8:10	
3	Wed	12:14	4.3	12:42	4.2	6:18	0.4	6:43	0.6	6:09	8:09	
4	Thu	12:57	4.1	1:32	4.4	7:03	0.4	7:40	0.6	6:10	8:08	
5	Fri	1:48	3.8	2:28	4.5	7:51	0.4	8:41	0.7	6:11	8:07	
6	Sat	2:45	3.6	3:30	4.7	8:45	0.3	9:46	0.6	6:12	8:05	
7	Sun	3:49	3.5	4:34	5.0	9:43	0.2	10:52	0.5	6:12	8:04	
8	Mon	4:54	3.5	5:37	5.2	10:45	0.1	11:56	0.3	6:13	8:03	
9	Tue	5:56	3.7	6:36	5.5	11:47	-0.1			6:14	8:02	
10	Wed	6:54	3.9	7:32	5.7	12:56	0.1	12:47	-0.4	6:15	8:01	
11	Thu	7:50	4.1	8:26	5.7	1:50	-0.1	1:44	-0.5	6:16	8:00	
12	Fri	8:45	4.3	9:18	5.6	2:40	-0.3	2:38	-0.6	6:17	7:59	
13	Sat	9:37	4.5	10:07	5.4	3:27	-0.3	3:31	-0.6	6:17	7:57	
14	Sun	10:28	4.6	10:54	5.1	4:13	-0.3	4:24	-0.4	6:18	7:56	
15	Mon	11:18	4.6	11:40	4.7	4:59	-0.2	5:17	-0.1	6:19	7:55	
16	Tue			12:07	4.5	5:44	0.0	6:12	0.1	6:20	7:54	
17	Wed	12:26	4.2	12:56	4.4	6:30	0.2	7:08	0.4	6:21	7:52	
18	Thu	1:14	3.7	1:49	4.3	7:17	0.4	8:07	0.7	6:22	7:51	
19	Fri	2:05	3.4	2:46	4.2	8:05	0.6	9:08	0.9	6:23	7:50	
20	Sat	3:03	3.1	3:47	4.1	8:57	0.7	10:11	1.0	6:23	7:49	
21	Sun	4:03	3.0	4:47	4.2	9:50	0.8	11:13	1.0	6:24	7:47	
22	Mon	5:02	3.1	5:41	4.3	10:45	0.7			6:25	7:46	
23	Tue	5:53	3.2	6:29	4.5	12:06	0.9	11:38 AM	0.7	6:26	7:45	
24	Wed	6:40	3.4	7:12	4.7	12:49	0.8	12:27	0.5	6:27	7:43	
25	Thu	7:23	3.7	7:53	4.8	1:27	0.7	1:12	0.4	6:28	7:42	
26	Fri	8:05	3.9	8:32	4.9	2:02	0.6	1:54	0.3	6:28	7:40	
27	Sat	8:45	4.1	9:10	5.0	2:36	0.5	2:34	0.2	6:29	7:39	
28	Sun	9:26	4.3	9:48	4.9	3:11	0.4	3:15	0.2	6:30	7:38	
29	Mon	10:06	4.5	10:26	4.8	3:46	0.3	3:57	0.2	6:31	7:36	
30	Tue	10:46	4.6	11:05	4.6	4:22	0.3	4:41	0.3	6:32	7:35	
31	Wed	11:28	4.7	11:46	4.3	5:01	0.3	5:30	0.4	6:32	7:33	