































## Sand Shoal Inlet, VA - Oct 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:12	3.9	12:46	5.2	6:05	0.4	7:09	0.6	6:58	6:46	
2	Sun	1:07	3.7	1:47	5.0	7:03	0.5	8:14	0.7	6:59	6:45	
3	Mon	2:11	3.5	2:55	4.9	8:07	0.5	9:21	0.7	7:00	6:43	
4	Tue	3:22	3.5	4:06	4.9	9:15	0.5	10:27	0.6	7:01	6:42	
5	Wed	4:34	3.6	5:12	5.0	10:23	0.4	11:27	0.4	7:02	6:40	
6	Thu	5:37	4.0	6:09	5.0	11:29	0.2			7:03	6:39	
7	Fri	6:32	4.3	7:00	5.0	12:20	0.2	12:29	0.0	7:03	6:37	
8	Sat	7:22	4.7	7:47	4.9	1:07	0.0	1:23	-0.1	7:04	6:36	
9	Sun	8:08	5.0	8:31	4.8	1:49	-0.1	2:13	-0.2	7:05	6:34	
10	Mon	8:53	5.1	9:14	4.6	2:29	-0.1	2:59	-0.2	7:06	6:33	
11	Tue	9:36	5.2	9:56	4.3	3:07	-0.1	3:44	0.0	7:07	6:32	
12	Wed	10:18	5.1	10:38	4.0	3:46	0.0	4:29	0.1	7:08	6:30	
13	Thu	11:01	5.0	11:20	3.7	4:25	0.2	5:15	0.4	7:09	6:29	
14	Fri	11:45	4.8			5:06	0.5	6:03	0.7	7:10	6:27	
15	Sat	12:04	3.5	12:32	4.5	5:51	0.7	6:55	0.9	7:11	6:26	
16	Sun	12:52	3.3	1:23	4.3	6:41	0.9	7:50	1.1	7:12	6:25	
17	Mon	1:45	3.1	2:21	4.1	7:36	1.0	8:47	1.2	7:13	6:23	
18	Tue	2:46	3.1	3:23	4.1	8:34	1.1	9:43	1.2	7:14	6:22	
19	Wed	3:49	3.2	4:22	4.2	9:33	1.0	10:34	1.1	7:15	6:21	
20	Thu	4:47	3.5	5:14	4.3	10:30	0.9	11:19	0.9	7:15	6:19	
21	Fri	5:36	3.8	5:59	4.5	11:24	0.7			7:16	6:18	
22	Sat	6:20	4.2	6:41	4.6	12:00	0.7	12:14	0.5	7:17	6:17	
23	Sun	7:03	4.6	7:23	4.6	12:39	0.4	1:01	0.3	7:18	6:15	
24	Mon	7:45	5.0	8:04	4.7	1:18	0.2	1:47	0.1	7:19	6:14	
25	Tue	8:27	5.3	8:47	4.6	1:57	0.1	2:33	0.0	7:20	6:13	
26	Wed	9:11	5.6	9:31	4.4	2:37	-0.1	3:19	-0.1	7:21	6:12	
27	Thu	9:57	5.7	10:17	4.2	3:19	-0.1	4:08	0.0	7:22	6:11	
28	Fri	10:45	5.6	11:06	4.0	4:04	0.0	5:00	0.1	7:23	6:09	
29	Sat	11:36	5.5	11:58	3.8	4:53	0.1	5:56	0.3	7:24	6:08	
30	Sun			12:32	5.3	5:48	0.2	6:58	0.4	7:25	6:07	
31	Mon	12:56	3.6	1:34	5.0	6:50	0.3	8:02	0.5	7:26	6:06	