
































Sand Shoal Inlet, VA - Nov 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:02	3.5	2:41	4.8	7:56	0.4	9:06	0.5	7:27	6:05	
2	Wed	3:14	3.5	3:50	4.6	9:06	0.4	10:08	0.4	7:28	6:04	
3	Thu	4:25	3.7	4:54	4.5	10:14	0.3	11:04	0.3	7:29	6:03	
4	Fri	5:26	4.1	5:49	4.5	11:20	0.2	11:53	0.1	7:30	6:02	
5	Sat	6:19	4.4	6:38	4.4			12:19	0.1	7:32	6:01	
6	Sun	6:05	4.7	6:23	4.2	12:38	0.0	12:12	0.0	6:33	5:00	
7	Mon	6:48	5.0	7:05	4.1	12:19	-0.1	12:59	-0.1	6:34	4:59	
8	Tue	7:29	5.1	7:47	3.9	12:58	-0.1	1:43	0.0	6:35	4:58	
9	Wed	8:10	5.1	8:28	3.8	1:36	-0.1	2:25	0.0	6:36	4:57	
10	Thu	8:51	5.0	9:09	3.6	2:14	0.0	3:06	0.2	6:37	4:56	
11	Fri	9:33	4.9	9:51	3.4	2:52	0.2	3:49	0.4	6:38	4:56	
12	Sat	10:16	4.7	10:34	3.3	3:33	0.4	4:34	0.6	6:39	4:55	
13	Sun	11:02	4.5	11:20	3.1	4:17	0.5	5:21	0.8	6:40	4:54	
14	Mon	11:49	4.3			5:05	0.7	6:12	0.9	6:41	4:53	
15	Tue	12:11	3.1	12:41	4.1	5:58	0.8	7:03	0.9	6:42	4:52	
16	Wed	1:07	3.1	1:36	4.0	6:54	0.9	7:53	0.9	6:43	4:52	
17	Thu	2:06	3.2	2:32	4.0	7:52	0.9	8:41	0.8	6:44	4:51	
18	Fri	3:04	3.5	3:25	4.0	8:50	0.8	9:27	0.6	6:45	4:51	
19	Sat	3:56	3.8	4:14	4.1	9:47	0.7	10:11	0.4	6:46	4:50	
20	Sun	4:44	4.3	5:01	4.1	10:41	0.4	10:56	0.2	6:47	4:49	
21	Mon	5:29	4.7	5:47	4.2	11:33	0.2	11:40	0.0	6:48	4:49	
22	Tue	6:15	5.2	6:33	4.2			12:24	0.0	6:49	4:48	
23	Wed	7:01	5.5	7:20	4.1	12:24	-0.2	1:13	-0.2	6:50	4:48	
24	Thu	7:49	5.7	8:09	4.1	1:09	-0.4	2:03	-0.3	6:51	4:47	
25	Fri	8:39	5.8	8:59	3.9	1:56	-0.4	2:54	-0.3	6:52	4:47	
26	Sat	9:30	5.7	9:51	3.8	2:45	-0.4	3:47	-0.2	6:53	4:47	
27	Sun	10:24	5.5	10:46	3.6	3:38	-0.3	4:44	-0.1	6:54	4:46	
28	Mon	11:20	5.2	11:44	3.5	4:36	-0.2	5:43	0.1	6:55	4:46	
29	Tue			12:19	4.8	5:38	0.0	6:43	0.1	6:56	4:46	
30	Wed	12:49	3.5	1:21	4.5	6:44	0.1	7:43	0.1	6:57	4:46	