






























Sand Shoal Inlet, VA - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:57	3.8	5:05	2.6	11:25	0.4	10:54	0.1	7:06	5:27	
2	Thu	5:46	4.0	5:51	2.8			12:11	0.3	7:05	5:28	
3	Fri	6:30	4.1	6:34	2.9			12:50	0.3	7:04	5:29	
4	Sat	7:11	4.2	7:16	3.1	12:26	-0.1	1:24	0.2	7:03	5:30	
5	Sun	7:50	4.3	7:57	3.3	1:07	-0.2	1:57	0.1	7:02	5:31	
6	Mon	8:28	4.4	8:36	3.4	1:46	-0.3	2:30	0.1	7:01	5:32	
7	Tue	9:04	4.3	9:16	3.5	2:24	-0.2	3:04	0.1	7:00	5:33	
8	Wed	9:40	4.2	9:54	3.6	3:03	-0.2	3:38	0.1	6:59	5:34	
9	Thu	10:16	4.1	10:33	3.7	3:44	-0.1	4:14	0.1	6:58	5:36	
10	Fri	10:53	3.8	11:14	3.8	4:27	0.1	4:51	0.1	6:57	5:37	
11	Sat	11:33	3.6			5:15	0.2	5:32	0.2	6:56	5:38	
12	Sun	12:00	3.9	12:17	3.3	6:08	0.3	6:18	0.2	6:55	5:39	
13	Mon	12:52	3.9	1:11	3.1	7:07	0.4	7:11	0.2	6:54	5:40	
14	Tue	1:54	4.1	2:14	3.0	8:11	0.4	8:10	0.1	6:53	5:41	
15	Wed	3:01	4.2	3:21	3.0	9:18	0.3	9:13	-0.1	6:51	5:42	
16	Thu	4:07	4.5	4:26	3.1	10:25	0.2	10:18	-0.3	6:50	5:43	
17	Fri	5:09	4.8	5:26	3.4	11:27	-0.1	11:21	-0.6	6:49	5:44	
18	Sat	6:07	5.1	6:23	3.7			12:23	-0.3	6:48	5:45	
19	Sun	7:02	5.2	7:18	4.0	12:19	-0.9	1:13	-0.5	6:47	5:46	
20	Mon	7:53	5.2	8:10	4.2	1:14	-1.0	2:00	-0.7	6:45	5:47	
21	Tue	8:43	5.1	9:01	4.4	2:07	-1.1	2:46	-0.8	6:44	5:48	
22	Wed	9:30	4.8	9:50	4.5	2:59	-1.0	3:30	-0.7	6:43	5:49	
23	Thu	10:16	4.4	10:39	4.4	3:51	-0.8	4:15	-0.6	6:42	5:50	
24	Fri	11:02	4.0	11:28	4.3	4:45	-0.5	5:01	-0.4	6:40	5:51	
25	Sat	11:48	3.5			5:40	-0.2	5:48	-0.1	6:39	5:52	
26	Sun	12:20	4.1	12:38	3.1	6:38	0.1	6:38	0.1	6:38	5:53	
27	Mon	1:16	3.8	1:34	2.7	7:39	0.4	7:32	0.3	6:36	5:54	
28	Tue	2:19	3.7	2:37	2.6	8:44	0.6	8:30	0.4	6:35	5:55	