

































## Sand Shoal Inlet, VA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:07	4.1	8:42	5.8	2:06	-0.1	1:58	-0.5	6:07	8:11	
2	Wed	9:01	4.3	9:34	5.8	2:55	-0.3	2:53	-0.6	6:08	8:10	
3	Thu	9:55	4.5	10:25	5.6	3:44	-0.4	3:47	-0.6	6:09	8:09	
4	Fri	10:48	4.6	11:14	5.3	4:32	-0.4	4:42	-0.5	6:10	8:08	
5	Sat	11:40	4.7			5:20	-0.3	5:40	-0.2	6:11	8:07	
6	Sun	12:03	4.8	12:34	4.7	6:09	-0.2	6:40	0.0	6:11	8:06	
7	Mon	12:54	4.3	1:30	4.6	6:59	-0.1	7:43	0.3	6:12	8:05	
8	Tue	1:47	3.8	2:29	4.5	7:51	0.1	8:48	0.5	6:13	8:04	
9	Wed	2:46	3.4	3:33	4.4	8:44	0.3	9:55	0.6	6:14	8:02	
10	Thu	3:49	3.1	4:37	4.4	9:40	0.4	11:04	0.7	6:15	8:01	
11	Fri	4:52	3.0	5:36	4.4	10:37	0.5			6:16	8:00	
12	Sat	5:49	3.1	6:27	4.5	12:06	0.7	11:33 AM	0.5	6:16	7:59	
13	Sun	6:37	3.2	7:12	4.6	12:56	0.7	12:24	0.4	6:17	7:58	
14	Mon	7:20	3.4	7:53	4.7	1:36	0.6	1:10	0.3	6:18	7:57	
15	Tue	8:02	3.6	8:32	4.8	2:11	0.5	1:52	0.2	6:19	7:55	
16	Wed	8:42	3.7	9:10	4.8	2:43	0.5	2:31	0.2	6:20	7:54	
17	Thu	9:22	3.9	9:47	4.7	3:15	0.4	3:10	0.2	6:21	7:53	
18	Fri	10:01	4.1	10:23	4.6	3:47	0.4	3:49	0.3	6:21	7:52	
19	Sat	10:40	4.2	10:59	4.4	4:21	0.4	4:29	0.4	6:22	7:50	
20	Sun	11:18	4.2	11:35	4.2	4:55	0.5	5:12	0.6	6:23	7:49	
21	Mon	11:58	4.3			5:31	0.6	5:58	0.7	6:24	7:48	
22	Tue	12:13	4.0	12:41	4.4	6:09	0.6	6:48	0.8	6:25	7:46	
23	Wed	12:56	3.7	1:30	4.4	6:53	0.7	7:44	0.9	6:26	7:45	
24	Thu	1:45	3.5	2:27	4.5	7:43	0.7	8:45	0.9	6:26	7:44	
25	Fri	2:45	3.4	3:31	4.7	8:40	0.6	9:50	0.9	6:27	7:42	
26	Sat	3:51	3.4	4:37	4.9	9:42	0.5	10:55	0.7	6:28	7:41	
27	Sun	4:57	3.5	5:39	5.2	10:46	0.3	11:56	0.5	6:29	7:39	
28	Mon	5:58	3.8	6:37	5.5	11:49	0.0			6:30	7:38	
29	Tue	6:55	4.1	7:31	5.7	12:52	0.2	12:49	-0.3	6:31	7:36	
30	Wed	7:49	4.5	8:23	5.7	1:43	-0.1	1:45	-0.5	6:31	7:35	
31	Thu	8:42	4.8	9:13	5.6	2:31	-0.3	2:39	-0.6	6:32	7:34	