

































## Sand Shoal Inlet, VA - Oct 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:00	5.6	10:22	4.6	3:30	-0.4	4:09	-0.3	6:58	6:47	
2	Mon	10:48	5.5	11:09	4.2	4:14	-0.2	5:01	0.0	6:59	6:45	
3	Tue	11:37	5.3	11:57	3.8	4:59	0.0	5:55	0.3	7:00	6:44	
4	Wed			12:27	4.9	5:48	0.3	6:52	0.6	7:01	6:42	
5	Thu	12:47	3.5	1:22	4.6	6:40	0.6	7:53	0.8	7:01	6:41	
6	Fri	1:43	3.2	2:23	4.3	7:37	0.8	8:58	1.0	7:02	6:39	
7	Sat	2:47	3.1	3:30	4.2	8:38	0.9	10:02	1.1	7:03	6:38	
8	Sun	3:55	3.1	4:35	4.2	9:40	0.9	10:58	1.0	7:04	6:36	
9	Mon	4:56	3.3	5:27	4.3	10:40	0.9	11:43	0.9	7:05	6:35	
10	Tue	5:45	3.6	6:11	4.4	11:33	0.8			7:06	6:33	
11	Wed	6:27	3.9	6:50	4.4	12:19	0.8	12:20	0.6	7:07	6:32	
12	Thu	7:06	4.2	7:27	4.5	12:52	0.6	1:03	0.5	7:08	6:30	
13	Fri	7:44	4.6	8:04	4.5	1:24	0.5	1:44	0.4	7:09	6:29	
14	Sat	8:22	4.8	8:41	4.4	1:57	0.4	2:23	0.3	7:10	6:28	
15	Sun	9:01	5.0	9:19	4.3	2:31	0.3	3:03	0.3	7:11	6:26	
16	Mon	9:39	5.1	9:58	4.2	3:06	0.3	3:44	0.3	7:11	6:25	
17	Tue	10:20	5.2	10:38	4.0	3:42	0.4	4:28	0.4	7:12	6:24	
18	Wed	11:03	5.2	11:21	3.8	4:21	0.4	5:16	0.6	7:13	6:22	
19	Thu	11:50	5.1			5:06	0.5	6:09	0.7	7:14	6:21	
20	Fri	12:09	3.6	12:43	5.0	5:57	0.6	7:08	0.8	7:15	6:20	
21	Sat	1:04	3.4	1:43	4.8	6:57	0.6	8:11	0.8	7:16	6:18	
22	Sun	2:09	3.4	2:50	4.8	8:04	0.6	9:14	0.7	7:17	6:17	
23	Mon	3:20	3.5	3:57	4.8	9:12	0.5	10:14	0.5	7:18	6:16	
24	Tue	4:28	3.8	5:00	4.8	10:20	0.4	11:10	0.3	7:19	6:15	
25	Wed	5:29	4.3	5:56	4.9	11:25	0.1			7:20	6:13	
26	Thu	6:24	4.8	6:48	4.8	12:01	0.0	12:26	-0.1	7:21	6:12	
27	Fri	7:14	5.2	7:37	4.7	12:49	-0.2	1:22	-0.3	7:22	6:11	
28	Sat	8:03	5.5	8:24	4.5	1:34	-0.3	2:13	-0.3	7:23	6:10	
29	Sun	8:50	5.6	9:11	4.3	2:17	-0.4	3:03	-0.3	7:24	6:09	
30	Mon	9:37	5.6	9:57	4.1	3:00	-0.3	3:51	-0.2	7:25	6:07	
31	Tue	10:23	5.4	10:43	3.8	3:43	-0.2	4:40	0.0	7:26	6:06	