

































Sand Shoal Inlet, VA - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:29	3.9	11:50	3.1	4:53	0.2	5:40	0.4	7:17	4:55	
2	Tue			12:11	3.6	5:42	0.4	6:21	0.4	7:17	4:56	
3	Wed	12:39	3.2	12:57	3.4	6:35	0.6	7:03	0.5	7:17	4:57	
4	Thu	1:31	3.3	1:47	3.2	7:30	0.6	7:47	0.4	7:17	4:58	
5	Fri	2:26	3.5	2:41	3.0	8:27	0.7	8:34	0.4	7:17	4:59	
6	Sat	3:21	3.8	3:36	3.0	9:26	0.6	9:24	0.3	7:17	5:00	
7	Sun	4:14	4.1	4:29	3.0	10:24	0.5	10:16	0.1	7:17	5:01	
8	Mon	5:06	4.4	5:21	3.1	11:20	0.3	11:09	-0.1	7:17	5:01	
9	Tue	5:57	4.8	6:12	3.3			12:13	0.0	7:17	5:02	
10	Wed	6:47	5.1	7:02	3.4	12:00	-0.4	1:03	-0.2	7:17	5:03	
11	Thu	7:38	5.3	7:53	3.6	12:51	-0.6	1:51	-0.3	7:17	5:04	
12	Fri	8:28	5.4	8:44	3.7	1:42	-0.8	2:39	-0.4	7:16	5:05	
13	Sat	9:17	5.3	9:36	3.9	2:33	-0.8	3:27	-0.5	7:16	5:06	
14	Sun	10:06	5.1	10:28	3.9	3:26	-0.8	4:16	-0.5	7:16	5:07	
15	Mon	10:55	4.8	11:22	4.0	4:22	-0.6	5:06	-0.5	7:16	5:08	
16	Tue	11:45	4.3			5:21	-0.4	5:56	-0.4	7:15	5:09	
17	Wed	12:18	4.0	12:39	3.8	6:23	-0.2	6:48	-0.3	7:15	5:10	
18	Thu	1:18	4.0	1:36	3.4	7:28	0.0	7:41	-0.3	7:14	5:11	
19	Fri	2:22	4.0	2:38	3.0	8:36	0.1	8:36	-0.2	7:14	5:12	
20	Sat	3:28	4.1	3:42	2.8	9:45	0.2	9:33	-0.1	7:14	5:13	
21	Sun	4:30	4.1	4:42	2.7	10:53	0.2	10:31	-0.2	7:13	5:15	
22	Mon	5:26	4.2	5:36	2.8	11:52	0.1	11:25	-0.2	7:13	5:16	
23	Tue	6:16	4.3	6:24	2.9			12:41	0.1	7:12	5:17	
24	Wed	7:02	4.4	7:08	3.0	12:15	-0.3	1:22	0.0	7:11	5:18	
25	Thu	7:44	4.4	7:50	3.1	12:59	-0.4	1:59	0.0	7:11	5:19	
26	Fri	8:24	4.4	8:31	3.2	1:41	-0.4	2:33	0.0	7:10	5:20	
27	Sat	9:02	4.3	9:12	3.3	2:21	-0.3	3:08	0.0	7:10	5:21	
28	Sun	9:39	4.2	9:52	3.4	3:00	-0.2	3:42	0.1	7:09	5:22	
29	Mon	10:16	4.0	10:32	3.4	3:41	-0.1	4:17	0.1	7:08	5:23	
30	Tue	10:53	3.8	11:13	3.5	4:23	0.1	4:53	0.2	7:07	5:24	
31	Wed	11:31	3.5	11:55	3.5	5:08	0.3	5:31	0.3	7:07	5:25	