

































## Sand Shoal Inlet, VA - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:36	3.2			5:25	0.4	5:27	0.4	6:33	5:57	
2	Sat	12:03	3.9	12:20	3.0	6:17	0.5	6:15	0.4	6:31	5:58	
3	Sun	12:56	3.9	1:15	2.9	7:15	0.6	7:11	0.4	6:30	5:59	
4	Mon	1:59	4.0	2:20	2.9	8:18	0.7	8:13	0.3	6:28	6:00	
5	Tue	3:07	4.1	3:27	3.0	9:23	0.6	9:18	0.1	6:27	6:01	
6	Wed	4:12	4.4	4:30	3.3	10:26	0.4	10:22	-0.2	6:26	6:02	
7	Thu	5:11	4.7	5:28	3.6	11:23	0.1	11:23	-0.5	6:24	6:03	
8	Fri	6:05	5.0	6:22	4.1			12:15	-0.2	6:23	6:04	
9	Sat	6:57	5.1	7:14	4.5	12:20	-0.8	1:02	-0.5	6:21	6:05	
10	Sun	8:46	5.1	9:05	4.8	1:14	-1.0	2:47	-0.7	7:20	7:06	
11	Mon	9:35	5.0	9:56	5.0	3:07	-1.0	3:32	-0.8	7:18	7:07	
12	Tue	10:22	4.7	10:45	5.1	3:59	-1.0	4:17	-0.8	7:17	7:08	
13	Wed	11:10	4.3	11:35	5.0	4:53	-0.8	5:03	-0.6	7:15	7:08	
14	Thu	11:58	3.8			5:48	-0.5	5:52	-0.4	7:14	7:09	
15	Fri	12:27	4.7	12:48	3.4	6:46	-0.1	6:45	-0.1	7:12	7:10	
16	Sat	1:22	4.4	1:44	3.0	7:48	0.2	7:42	0.1	7:11	7:11	
17	Sun	2:25	4.1	2:47	2.8	8:54	0.4	8:44	0.3	7:09	7:12	
18	Mon	3:36	3.8	3:58	2.7	10:05	0.6	9:49	0.4	7:08	7:13	
19	Tue	4:49	3.8	5:06	2.8	11:14	0.6	10:53	0.4	7:06	7:14	
20	Wed	5:50	3.8	6:00	3.0			12:09	0.6	7:05	7:15	
21	Thu	6:37	3.9	6:44	3.3			12:50	0.5	7:03	7:16	
22	Fri	7:16	4.0	7:23	3.5	12:40	0.1	1:22	0.4	7:02	7:17	
23	Sat	7:52	4.1	8:01	3.8	1:22	0.0	1:52	0.3	7:00	7:18	
24	Sun	8:28	4.1	8:38	4.1	2:01	-0.1	2:22	0.2	6:59	7:18	
25	Mon	9:03	4.1	9:15	4.3	2:39	-0.1	2:53	0.1	6:57	7:19	
26	Tue	9:39	4.0	9:52	4.4	3:16	-0.1	3:25	0.1	6:56	7:20	
27	Wed	10:15	3.9	10:30	4.5	3:54	0.0	3:58	0.2	6:54	7:21	
28	Thu	10:51	3.7	11:08	4.4	4:33	0.1	4:33	0.3	6:53	7:22	
29	Fri	11:29	3.5	11:49	4.4	5:15	0.3	5:11	0.4	6:51	7:23	
30	Sat			12:09	3.3	6:02	0.4	5:54	0.5	6:50	7:24	
31	Sun	12:35	4.3	12:55	3.1	6:54	0.6	6:46	0.5	6:48	7:25	