

































Sand Shoal Inlet, VA - May 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:12	4.5	2:42	3.4	8:35	0.5	8:36	0.4	6:07	7:53	
2	Thu	3:16	4.4	3:49	3.6	9:32	0.4	9:43	0.3	6:06	7:53	
3	Fri	4:19	4.4	4:52	4.1	10:28	0.2	10:49	0.1	6:05	7:54	
4	Sat	5:19	4.4	5:49	4.5	11:21	0.0	11:53	-0.1	6:03	7:55	
5	Sun	6:13	4.4	6:42	5.0			12:12	-0.3	6:02	7:56	
6	Mon	7:06	4.3	7:33	5.3	12:52	-0.4	1:00	-0.4	6:01	7:57	
7	Tue	7:56	4.2	8:22	5.5	1:47	-0.5	1:48	-0.5	6:00	7:58	
8	Wed	8:46	4.1	9:12	5.6	2:39	-0.5	2:34	-0.5	5:59	7:59	
9	Thu	9:35	3.9	10:01	5.4	3:30	-0.5	3:20	-0.4	5:58	8:00	
10	Fri	10:24	3.7	10:50	5.2	4:20	-0.3	4:08	-0.3	5:57	8:01	
11	Sat	11:12	3.5	11:40	4.9	5:11	-0.1	4:57	0.0	5:57	8:01	
12	Sun			12:02	3.3	6:03	0.2	5:50	0.2	5:56	8:02	
13	Mon	12:31	4.5	12:53	3.1	6:58	0.4	6:46	0.4	5:55	8:03	
14	Tue	1:24	4.2	1:50	3.1	7:53	0.6	7:44	0.6	5:54	8:04	
15	Wed	2:20	3.9	2:50	3.1	8:45	0.7	8:44	0.7	5:53	8:05	
16	Thu	3:18	3.7	3:50	3.3	9:34	0.7	9:43	0.7	5:52	8:06	
17	Fri	4:14	3.6	4:44	3.5	10:18	0.7	10:40	0.7	5:52	8:07	
18	Sat	5:04	3.6	5:31	3.8	10:59	0.6	11:33	0.6	5:51	8:07	
19	Sun	5:49	3.6	6:14	4.2	11:39	0.5			5:50	8:08	
20	Mon	6:31	3.6	6:54	4.5	12:22	0.5	12:19	0.4	5:49	8:09	
21	Tue	7:13	3.6	7:35	4.7	1:06	0.4	12:58	0.3	5:49	8:10	
22	Wed	7:55	3.6	8:16	4.9	1:48	0.3	1:37	0.2	5:48	8:11	
23	Thu	8:37	3.6	8:58	5.1	2:30	0.2	2:17	0.2	5:48	8:11	
24	Fri	9:19	3.6	9:42	5.1	3:12	0.2	2:58	0.2	5:47	8:12	
25	Sat	10:03	3.6	10:27	5.1	3:56	0.2	3:41	0.2	5:46	8:13	
26	Sun	10:48	3.5	11:13	5.1	4:42	0.2	4:28	0.2	5:46	8:14	
27	Mon	11:36	3.5			5:31	0.3	5:19	0.2	5:45	8:14	
28	Tue	12:03	5.0	12:28	3.5	6:24	0.3	6:16	0.3	5:45	8:15	
29	Wed	12:55	4.8	1:25	3.6	7:17	0.3	7:18	0.3	5:44	8:16	
30	Thu	1:52	4.6	2:27	3.7	8:11	0.2	8:23	0.3	5:44	8:17	
31	Fri	2:51	4.3	3:31	4.0	9:05	0.1	9:29	0.3	5:44	8:17	