

































Sand Shoal Inlet, VA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:28	3.5	5:11	4.8	10:22	-0.1	11:29	0.2	5:46	8:27	
2	Tue	5:27	3.4	6:07	5.0	11:17	-0.1			5:47	8:27	
3	Wed	6:23	3.3	7:00	5.1	12:31	0.2	12:11	-0.1	5:47	8:27	
4	Thu	7:16	3.3	7:50	5.1	1:26	0.1	1:04	-0.2	5:48	8:27	
5	Fri	8:06	3.4	8:39	5.1	2:15	0.0	1:54	-0.2	5:48	8:27	
6	Sat	8:54	3.4	9:25	5.0	3:01	0.0	2:41	-0.2	5:49	8:26	
7	Sun	9:40	3.5	10:09	4.9	3:43	0.1	3:26	-0.1	5:49	8:26	
8	Mon	10:25	3.5	10:52	4.7	4:24	0.2	4:10	0.0	5:50	8:26	
9	Tue	11:09	3.5	11:33	4.5	5:05	0.3	4:56	0.2	5:51	8:25	
10	Wed	11:53	3.6			5:44	0.4	5:42	0.4	5:51	8:25	
11	Thu	12:13	4.2	12:37	3.6	6:24	0.5	6:31	0.6	5:52	8:25	
12	Fri	12:55	3.9	1:24	3.7	7:03	0.6	7:22	0.8	5:53	8:24	
13	Sat	1:39	3.6	2:14	3.7	7:44	0.6	8:16	0.9	5:53	8:24	
14	Sun	2:27	3.4	3:06	3.9	8:26	0.7	9:11	0.9	5:54	8:23	
15	Mon	3:20	3.2	4:01	4.1	9:12	0.7	10:08	0.9	5:55	8:23	
16	Tue	4:15	3.2	4:54	4.3	10:00	0.6	11:06	0.8	5:55	8:22	
17	Wed	5:09	3.2	5:46	4.6	10:52	0.5			5:56	8:22	
18	Thu	6:01	3.3	6:36	4.9	12:01	0.7	11:45 AM	0.4	5:57	8:21	
19	Fri	6:52	3.5	7:26	5.2	12:54	0.5	12:38	0.2	5:57	8:21	
20	Sat	7:42	3.6	8:15	5.4	1:43	0.3	1:29	-0.1	5:58	8:20	
21	Sun	8:31	3.8	9:04	5.5	2:30	0.1	2:19	-0.2	5:59	8:19	
22	Mon	9:22	4.0	9:52	5.6	3:16	0.0	3:09	-0.3	6:00	8:18	
23	Tue	10:12	4.2	10:39	5.4	4:01	-0.1	4:01	-0.3	6:01	8:18	
24	Wed	11:03	4.4	11:27	5.2	4:48	-0.2	4:55	-0.3	6:01	8:17	
25	Thu	11:54	4.5			5:35	-0.2	5:52	-0.1	6:02	8:16	
26	Fri	12:16	4.8	12:48	4.6	6:24	-0.2	6:53	0.1	6:03	8:15	
27	Sat	1:07	4.3	1:45	4.6	7:14	-0.1	7:56	0.3	6:04	8:15	
28	Sun	2:02	3.8	2:47	4.6	8:06	0.0	9:03	0.4	6:05	8:14	
29	Mon	3:03	3.5	3:52	4.7	9:01	0.1	10:11	0.5	6:05	8:13	
30	Tue	4:08	3.2	4:56	4.7	9:59	0.2	11:20	0.5	6:06	8:12	
31	Wed	5:12	3.2	5:56	4.8	10:59	0.2			6:07	8:11	